

Track & Field Championship Best Performances

(Championships held annually since 1999 as Sport Tayside Championships)

(Held as SportTayside & Fife Championships from 2006 onwards)

UNDER 11 BOYS

100m	Jack Robb	FIFE AC	2006	14.7
800m	Rory Muir	D&WF	2006	2.24.4
Long Jump	Finn Sutherland	ADAC	2009	4.00m
Shot Putt	Sam Gove	MDAC	2000	6.83m
Discus	Michael Downie	ADAC	2003	18.11m
Javelin	Sam Gove	MDAC	2000	23.77m

UNDER 13 BOYS

100m	Mark McConnachie	Monifieth HS	2005	13.2
200m	Fraser Haldine	Fife	2009	27.5
400m	Callum Edwards	ADAC	2007	61.9
800m	Rory Muir	D&WF	2008	2.21.8
1500m	Ben Portykus	PIT	2008	4.56.6
75m Hurdles	Michael Downie	ADAC	2005	13.3
Long Jump	Fraser Haldine	Fife	2009	4.95m
High Jump	Jack Garrigan	ADAC	2008	1.60m
	Michael Downie	ADAC	2005	1.46m
Triple Jump	Sam Gove	MDAC	2001	9.23m
Shot Putt	Euan Robertson	Unattached	2002	9.77m
Discus	Mark Tough	MDAC	2002	30.34m
Javelin	Damien Murray	MDAC	2007	33.94m

UNDER 15 BOYS

100m	Andrew Smith	DHH	2004	11.9
200m	Jamie Coull	DHH	2000	24.2
400m	Greg Erickson	PSH	1999	51.9
800m	Graeme Oudney	DHH	1999	2.09.1
1500m	Jamie Crowe	DHH	2009	4.27.2
80m Hurdles	Andrew Smith	DHH	2003	11.5
Long Jump	Andrew Smith	DHH	2004	6.07m
High Jump	Michael Downie	ADAC	2007	1.76m
Triple Jump	Douglas Paul	DWF	2009	12.45m
Shot Putt	Mark Tough	MDAC	2004	13.52m
Discus	David Colthart	PSH	2008	36.49m
Javelin	David Smith	DHH	2007	42.54m
	<i>Ryan Stewart*</i>	<i>Central</i>	<i>2006</i>	<i>50.70m</i>
Hammer	Ross McManus	PIT	2007	47.95m
	<i>Ryan Stewart*</i>	<i>Central</i>	<i>2006</i>	<i>50.96m</i>

*Guest athlete

A commemorative award will be presented to any athlete who breaks a Championship Best Performance at the 2009 SportTayside & Fife Track & Field Championships on 20th September 2009.

Track & Field Championship Best Performances

UNDER 17 MEN

100m	Christopher Lavery	DHH	2005	11.3
200m	Ben Mortlock	DHH	1999	23.0
400m	Craig Robertson	D&WF	2003	51.9
800m	Craig Ritchie	PSH	2008	2.04.0
1500m	Ian Towle	MDAC	2005	4.16.5
3000m	Reuben Toy	DHH	2007	10:01.2
100m Hurdles	Michael Downie	ADAC	2009	14.5
400m Hurdles	Craig Ritchie	PSH	2008	59.1
Long Jump	Chris Baily	FIFE	2002	6.44m
High Jump	Alan Smith	PIT	2009	1.90m
Triple Jump	Alan Smith	PIT	2009	12.59m
Shot Putt	Michael Downie	ADAC	2009	14.39m
Discus	Mark Tough	MDAC	2006	41.18m
Javelin	Ryan Knight	ADAC	2005	45.35m
Hammer	Ross McManus	PIT	2009	53.54m

UNDER 20 MEN

100m	Bob Mitchell	DHH	2007	11.1
200m	Bob Mitchell	DHH	2007	22.7
400m	Craig Robertson	PIT	2006	51.5
800m	Craig Robertson	PIT	2006	2.02.3
1500m	Kevin Murray	DHH	2005	4.17.0
3000m	Owne Miller	DWF	2009	9.58.8
110m Hurdles	Stuart Rowan	PSH	2003	15.5
400m Hurdles	Michael Burns	PIT	2005	59.9
Long Jump	Billy Pickering	DHH	2004	6.14m
High Jump	David Murray	ADAC	2006	1.90m
Triple Jump	Billy Pickering	DHH	2004	12.56m
Shot Putt	Richard Oparka	DHH	1999	13.05m
Discus	Richard Oparka	DHH	1999	36.56m
Javelin	Ryan Knight	DHH	2008	50.07m
Hammer	Mark Tough	BHAC	2009	44.33m

SENIOR MEN

100m	Francis Smith	PIT	2007	11.0
200m	Francis Smith	PIT	2007	22.5
400m	Craig Robertson	PIT	2007	50.3
800m	Alan Erickson	PSH	2003	2.01.2
1500m	Danny Ireland	Unattached	2004	4.28.3
3000m	Peter McColgan	DHH	2004	9:42.3
100m Hurdles	Colin Christie	MDAC	1999	18.0
400m Hurdles	Colin Christie	MDAC	2000	60.0
Long Jump	David Murray	ADAC	2009	6.38m
High Jump	David Murray	ADAC	2009	1.85m
Triple Jump	David Murray	ADAC	2009	12.90m
Shot Putt	Richard Oparka	ADAC	2001	13.19m
Discus	Chris Smith	ADAC	2003	36.72m
Javelin	Chris Smith	ADAC	2002	60.58m
Hammer	Rene Rogers	DHH	2009	33.57m