



# Track & Field Championship Best Performances

(Championships held annually since 1999 as Sport Tayside Championships)

(Held as SportTayside & Fife Championships from 2006 onwards)

## UNDER 11 BOYS

<b>100m</b>	Jack Robb	FIFE AC	2006	14.7
<b>800m</b>	Rory Muir	D&WF	2006	2.24.4
<b>Long Jump</b>	Finn Sutherland	ADAC	2009	4.00m
<b>Shot Putt</b>	Sam Gove	MDAC	2000	6.83m
<b>Discus</b>	Michael Downie	ADAC	2003	18.11m
<b>Javelin</b>	Sam Gove	MDAC	2000	23.77m

## UNDER 13 BOYS

<b>100m</b>	Mark McConnachie	Monifieth HS	2005	13.2
<b>200m</b>	Stuart Soutar	PIT	2010	27.1
<b>400m</b>	Callum Edwards	ADAC	2007	61.9
<b>800m</b>	Rory Muir	D&WF	2008	2.21.8
<b>1500m</b>	Ben Portykus	PIT	2008	4.56.6
<b>75m Hurdles</b>	Michael Downie	ADAC	2005	13.3
<b>Long Jump</b>	Fraser Haldine	Fife	2009	4.95m
<b>High Jump</b>	Jack Garrigan	ADAC	2008	1.60m
	Michael Downie	ADAC	2005	1.46m
<b>Triple Jump</b>	Sam Gove	MDAC	2001	9.23m
<b>Shot Putt</b>	Euan Robertson	Unattached	2002	9.77m
<b>Discus</b>	Mark Tough	MDAC	2002	30.34m
<b>Javelin</b>	Damien Murray	MDAC	2007	33.94m

## UNDER 15 BOYS

<b>100m</b>	Andrew Smith	DHH	2004	11.9
<b>200m</b>	Jamie Coull	DHH	2000	24.2
<b>400m</b>	Greg Erickson	PSH	1999	51.9
<b>800m</b>	Graeme Oudney	DHH	1999	2.09.1
<b>1500m</b>	Jamie Crowe	DHH	2009	4.27.2
<b>80m Hurdles</b>	Andrew Smith	DHH	2003	11.5
<b>Long Jump</b>	Andrew Smith	DHH	2004	6.07m
<b>High Jump</b>	Michael Downie	ADAC	2007	1.76m
<b>Triple Jump</b>	Douglas Paul	DWF	2009	12.45m
<b>Shot Putt</b>	Mark Tough	MDAC	2004	13.52m
<b>Discus</b>	David Colthart	PSH	2008	36.49m
<b>Javelin</b>	David Smith	DHH	2007	42.54m
	<i>Ryan Stewart*</i>	<i>Central</i>	2006	50.70m
<b>Hammer</b>	Ross McManus	PIT	2007	47.95m
	<i>Ryan Stewart*</i>	<i>Central</i>	2006	50.96m

\*Guest athlete

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### UNDER 17 MEN

<b>100m</b>	Christopher Lavery	DHH	2005	11.3
<b>200m</b>	Ben Mortlock	DHH	1999	23.0
<b>400m</b>	Craig Robertson	D&WF	2003	51.9
<b>800m</b>	Craig Ritchie	PSH	2008	2.04.0
<b>1500m</b>	Ian Towle	MDAC	2005	4.16.5
<b>3000m</b>	Reuben Toy	DHH	2007	10:01.2
<b>100m Hurdles</b>	Michael Downie	ADAC	2009	14.5
<b>400m Hurdles</b>	Craig Ritchie	PSH	2008	59.1
<b>Long Jump</b>	Chris Baily	FIFE	2002	6.44m
<b>High Jump</b>	Alan Smith	PIT	2009	1.90m
<b>Triple Jump</b>	Alan Smith	PIT	2009	12.59m
<b>Shot Putt</b>	Michael Downie	ADAC	2009	14.39m
<b>Discus</b>	Mark Tough	MDAC	2006	41.18m
<b>Javelin</b>	Ryan Knight	ADAC	2005	45.35m
<b>Hammer</b>	Ross McManus	PIT	2009	53.54m

### UNDER 20 MEN

<b>100m</b>	Bob Mitchell	DHH	2007	11.1
<b>200m</b>	Bob Mitchell	DHH	2007	22.7
<b>400m</b>	Craig Robertson	PIT	2006	51.5
<b>800m</b>	Craig Robertson	PIT	2006	2.02.3
<b>1500m</b>	Kevin Murray	DHH	2005	4.17.0
<b>3000m</b>	Owne Miller	DWF	2009	9.58.8
<b>110m Hurdles</b>	Stuart Rowan	PSH	2003	15.5
<b>400m Hurdles</b>	Michael Burns	PIT	2005	59.9
<b>Long Jump</b>	Billy Pickering	DHH	2004	6.14m
<b>High Jump</b>	David Murray	ADAC	2006	1.90m
<b>Triple Jump</b>	Billy Pickering	DHH	2004	12.56m
<b>Shot Putt</b>	Richard Oparka	DHH	1999	13.05m
<b>Discus</b>	Richard Oparka	DHH	1999	36.56m
<b>Javelin</b>	Ryan Knight	DHH	2008	50.07m
<b>Hammer</b>	Mark Tough	BHAC	2009	44.33m

### SENIOR MEN

<b>100m</b>	Francis Smith	PIT	2007	11.0
<b>200m</b>	Francis Smith	PIT	2007	22.5
<b>400m</b>	Craig Robertson	PIT	2007	50.3
<b>800m</b>	Alan Erickson	PSH	2003	2.01.2
<b>1500m</b>	Alex Stanbridge	ADAC	2010	4.24
<b>3000m</b>	Peter McColgan	DHH	2004	9:42.3
<b>100m Hurdles</b>	Colin Christie	MDAC	1999	18.0
<b>400m Hurdles</b>	Colin Christie	MDAC	2000	60.0
<b>Long Jump</b>	David Murray	ADAC	2009	6.38m
<b>High Jump</b>	David Murray	ADAC	2009	1.85m
<b>Triple Jump</b>	David Murray	ADAC	2009	12.90m
<b>Shot Putt</b>	Richard Oparka	ADAC	2001	13.19m
<b>Discus</b>	Chris Smith	ADAC	2003	36.72m
<b>Javelin</b>	Chris Smith	ADAC	2002	60.58m
<b>Hammer</b>	Rene Rogers	DHH	2010	35.71m