

4 – Fit for Girls

Active Schools are rolling out a new **sportscotland** initiative called Fit For Girls across all Secondary Schools in Dundee. The initiative is being set up to give girls in Secondary Schools new opportunities to take part in Physical Activity and has been identified as a priority due to the alarming drop off in participation by Girls in extra curricular activities when they move in to Secondary School

P7 girls extra curricular activity levels - 75% (average)

S1 girls extra curricular activity levels - 13% (average)

Active Schools Coordinators and Sports Development Officers are liaising to ensure that as many opportunities are available as possible to address the transition drop off and the hope is the see a substantial improvement on the percentages in the years to come.