

Entries Filling Fast for British Gas Great Scottish Swim 2010



Entries have opened for the **2010 British Gas Great Scottish Swim**. The inspiring swim will return to Strathclyde Loch on Saturday 21 August. Enter online at www.greatswim.org .

The inaugural British Gas Great Scottish Swim took place in the summer and was a huge success with nearly 1000 swimmers taking the plunge. The one-mile public swimming event took place in Strathclyde Country Park-the venue for the 2014 Commonwealth Games triathlon- and attracted swimmers of all shapes and sizes from a 36 year old mother of three with a fear of deep water to a 71 year old Grandad . In addition to the masses, many of the world's top swimmers and Olympic heroes battled it out to take the honours in the elite races.

The event is part of the British Gas Great Swim series- four one-mile outdoor swims staged in some of the most stunning locations in the UK.

Great Swim is open to swimmers of all abilities aged 16 years and over. For more information and to enter online go to www.greatswim.org

For more information, if you would like to take part or if you would like to speak to any of the Great Swim organisers please contact: Caroline Holmes, Email: caroline.holmes@nova-international.com; Tel: 0191 226 3210; Mobile: 07894 386688 www.greatswim.org

