

## Giant Heptathlon Programme to reach National Finale

This year, for the first time, the Giant Heptathlon programme will conclude with a National Festival to decide the Champion School of Scotland. As in previous years a festival will take place in each of the four Local Authorities followed by a Tayside & Fife final. The top two schools from each Local Authority event will be invited to the Tayside & Fife event and the top two from the Tayside & Fife event will be invited to the Scottish festival.

As with last year there will be talent spotters at each of the Local Authority events to identify talented athletes and invite them to the Bank of Scotland Under 15 Regional Development camp in March. In addition these athletes will be linked with the local clubs in their area. All pupils taking place will be given information about their local clubs and told how they can get involved in athletics as a follow on from the programme.

All clubs are encouraged to come along to events and get involved in the coaching aspect of the day if possible.

The dates for this year's events are:

- Perth & Kinross Giant Heptathlon, Bells Sports Centre 12<sup>th</sup> November 2009
- Angus S2 Giant Heptathlon, Montrose Leisure Centre 7<sup>th</sup> December 2009
- Dundee Giant Heptathlon, venue tbc Jan/Feb 2010 tbc
- Fife Giant Heptathlon, venue tbc Jan/Feb 2010 tbc

All Local Authority events are full day events with coaching in the morning and the competition aspect in the afternoon.

- **SportTayside & Fife** Giant Heptathlon, Pitreavie Athletics Centre 17<sup>th</sup> March 2010
- Scottish Giant Heptathlon Festival, Grangemouth Stadium 27<sup>th</sup> April 2010

The Regional and National events are 2.5 hour events and include only the competition aspect of the Giant Heptathlon programme.