

Key National Themes – Regional Launch

The Tayside & Fife Regional Launch for Scottish Rugby's Key National Themes Project was held at the Loch Leven Community Campus at the end of January. The event consisted of an Introduction to the project and the new Regional U14 and U15 Skills Camps from Regional Development Manager Doc McKelvey. Neil Graham, Coach Development Officer and Mark McKenzie, Regional Academy Coach then led the coaches through the coaching points of the Key National Themes answering any questions prior to a practical demonstration outside covering the four themes of;

Handcatch

Offload

Tackle Technique

Ball Presentation

The event was very well attended with over 60 club coaches from throughout Tayside & Fife eagerly picking up some tips. Thanks to all the coaches who attended the launch and to Kinross RFC and Kinross High School who provided the players for Mark and Neil to work with during the practical session.

The next stage of the project our local Key National Theme updates which are being run throughout the country by the Rugby Development Officers. If you would like more information on your nearest coaching update please contact Doc McKelvey or the local DO.