

SportTayside & Fife

No.4

Winter Newsletter 2008

Working together for Sport

Top Marks for Menzieshill Whitehall Swimming and Water Polo Club!

Menzieshill Whitehall Swimming and Water Polo Club have been recognised as only the third club to achieve the SWiMARK Accreditation standard, and have been presented with a certificate from Scottish Swimming.

Menzieshill Whitehall was formed in January 2003 after the merger of one of the oldest and youngest swimming clubs in Dundee, Whitehall Amateur Swimming Club (formed in 1887) and Menzieshill Swimming & Water Polo Club (formed in the 1970s). Currently, the Club caters for all abilities of swimmers, from 5 – 20 years of age. The sessions are designed to suit complete beginners through to those senior swimmers aiming to compete at national level. The club also recognises that the training sessions must also be fun.

SportTayside & Fife's former Swimming Development Manager, Heather Albin and Scottish Swimming, supported Menzieshill Whitehall with their **SwiMark** certification.

Presenting the certificate, Richard Gordon, Director of Coaching and Development at Scottish Swimming said: *"Menzieshill Whitehall Swimming and Water Polo Club provides swimmers and water polo players with enhanced training opportunities and professional coaching."*



*"They are at an exciting time of their development and display many examples of good practice that Scottish Swimming supports strongly. **SwiMark** has enabled Menzieshill Whitehall Swimming and Water Polo Club to build a strong foundation for their future expansion."*

Receiving the award on behalf of the club was Frank Jordan, founding member of the former Menzieshill Swimming and Water Polo Club. The Club's Head Coach and SportTayside & Fife's Scholarship Coach, Graeme Brown commented: *"I am delighted to receive this certificate on behalf of the club."*

*By achieving **SwiMark** accreditation, Menzieshill Whitehall Swimming and Water Polo Club now have national recognition that we follow a quality programme, implementing Long Term Athlete Development, which will in turn provide an ideal environment for swimmers and water polo players to reach their full potential."*

SwiMark is Scottish Swimming's development programme for affiliated clubs and it assists clubs to:

- ◆ Develop their services based on good practice
- ◆ Achieve improved swimmer, teacher/coaches, more motivated volunteers
- ◆ Demonstrate they are 'safe, effective and child friendly'
- ◆ Show they are 'fit for purpose' to receive public support
- ◆ Implement Long Term Athlete Development

Clubs achieving **SwiMark** are eligible for vouchers from Scottish Swimming up to the sum of £500 to be put towards the development and training of teachers/coaches and club volunteers.

Coaching

Coaching Development Seminar



The National Coaching Network gathered at sportscotland's National Sports Centre, Inverclyde on the 26th and 27th of November.

The two day seminar was staged to create momentum for moving forward. A core group of Officers was selected to represent the Network as the 'Coaching Network Task Group'. The group will create and establish a vision of best practice in the delivery of the nine key actions set out by Coaching Scotland.

A series of workshops were facilitated to create clarity and where potential strength and weaknesses lie, with regards to current delivery in a variety of organisations.

A 'Developing Fundamentals Skills' workshop was provided by Tommy Dowens, current Scottish Volleyball Director of Coaching.

Day two acknowledged the outcomes of the previous day and a 'Route Map for the Future' was agreed by everyone. This will allow all the Coaching Network to work more effectively to deliver the nine Coaching Scotland Actions. A vision to action was presented by Jock Peggie, SRU Coach Education and Development Manager.

To close, Billy Bell, Lead Manager, **sportscotland**, provided an information and consultation exercise to shape the agenda for the UK Coaching Summit, to be held in Glasgow during April 2009. The Conference will be delivered in conjunction with SportsCoach UK, with planned topics including: The Coaching Workforce 2009-16, Building a Leading Coaching System, School Sport Coaching, Creating CPD for High Performance Coaches. A further Coaching Network Seminar will be held during May 2009.

Any information for inclusion in the next newsletter should be submitted by Monday 16th February 2009.



Research Seminar Series

A series of seminars will be presented at University of Stirling, the Department of Sports Studies. For further details contact: Karen Caldwell on 01786 466498 or go to sports.stir.ac.uk

Coach Education

Jan 13th - How to Coach Disabled People. Contact P&K on 01738 637129 **clubgolf** Level 1. Contact Martin Ritchie on 01382 431851 Rugby Foundation and Referee Courses. Contact Doc McKelvey on 01382 431 829 or Paul Hunter on 08451 555555 Ex: 402599

Coach Awards

The Dundee Sports Awards were held on November 25th, with 7 **SportTayside & Fife** Scholarship Coaches being nominated. Beate Petersen, a previous Scholarship, won Coach of the Year, with Pam Bowie receiving the award of Community Coach.

Athletics

Dundee Scoop National Award!

On Saturday 22nd November representatives from Dundee City Council attended the scottishathletics annual awards ceremony in Glasgow.



Under 15 Development Camp

The **SportTayside & Fife** Bank of Scotland U15 Development Camp took place at Pitreavie on Sunday 9th November. Athletes were invited as a result of their achievement of the Power of 10 "100 standards" for their event, through nomination by Scottish Schools AA or their clubs.

In all thirty one athletes attended to learn from the four event group coaches; Paul Allan (Sprints & Hurdles), Graham Smith (Endurance), Rachel Edgar (Jumps) and Wullie Faulkner (Throws).

In addition there were also many personal coaches there to learn from the event lead coaches and find out some of the new activities in which their athletes were involved. The feedback on the day was hugely positive and all are looking forward to the follow on camp in March 2009 when it is



The ceremony was hosted by Brian Burnett from Radio Scotland with Paula Radcliffe as the special guest. As well as athlete of the year categories, there were also awards for coaches, clubs and partnerships.

Dundee City Council were named **scottishathletics** Local Authority of the Year 2008 to recognise the outstanding progress they have made in the last two years in setting up an extensive programme of events and opportunities for ongoing involvement. The award for their category was made by Ewen Cameron (**scottishathletics** Education & Development Manager).

Steven Glass, Hockey & Athletics Development Officer, was present to accept the award, accompanied by Jane Dunlop (Active Primary Schools Co-ordinator) and Allison Reid (Sports Specific Team Leader). All three are photographed accompanied by Alasdair Donaldson (**SportTayside & Fife** Athletics Development Manager) and Ewen Cameron.

Steven Glass commented:

"...this award is a tribute to the strong partnership working between Sports Development, Active Schools, the Youth Sport Team and SportTayside & Fife. Young people want to take part in athletics but without the opportunity to do so will find other sports. We are looking to provide them with the chance to get involved in athletics and they are voting with their feet..."

Giant Heptathlon!

The Giant Heptathlon season got underway recently with events in Angus and Perth & Kinross.

Angus had seven schools for their S2 Festival with victory going to Arbroath High School from Monifieth and Websters. Perth & Kinross had eleven schools for their event in Bells Sports Centre with Perth High taking first place from Crieff High and Blairgowrie.

Both festivals had scottishathletics National Event Managers in attendance to identify those children who showed talent and potential. As a result of this those pupils will be given specific information about local athletics opportunities and will be invited to the second Under 15 regional development camp. This is seen as a significant move forwards for this programme and has added real value to the events.

The Fife event will take place on Tuesday 27th January at Pitreavie with the Dundee event taking place at DISC on Thursday 5th February. These events will again have scottishathletics representatives performing talent ID and they will determine which schools go forwards to the regional final. Perth, Crieff, Arbroath & Monifieth have all already qualified for the **SportTayside & Fife** Regional Final on Tuesday 24th February at Pitreavie Athletics Centre, Dunfermline.



intended that those identified through the Giant Heptathlon programme will also be present.

Fun in Athletics Festivals Underway

Primary 6 and 7 teams across Tayside are now fighting to qualify for their Local Authority finals; Angus – 3rd December, Dundee – 22nd January, Perth & Kinross – 27th January.

The top two teams from these events will then be invited to the **SportTayside & Fife** Final on 19th February. This year the Tayside teams will be joined by teams from Fife who are holding their first Fun in Athletics festivals.

The first event will be the Dunfermline & West Fife Sports Council event at Pitreavie Athletics Centre on 10th December, with a second event to take place in Kirkcaldy on 3rd February.

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Basketball

The basketballscotland Talent Development Programme (TDP) for season 2008/09 is now well under way for potentially talented basketball players, with selection days and day camps being held in October and November.

The TDP is designed to increase the standard of the players and coaches just below Scotland National Team level. The four Tayside & Fife squads are operated by **SportTayside & Fife** for boys and girls at Under 15 (Born in 1994) and Under 14 (born in 1995 or 1996) age groups. All the squads receive fundamental and advanced coaching from some of the most promising coaches in Tayside and Fife.

The philosophy of the TDP is centred on identifying

Scottish athletes with the potential to play elite level basketball and then helping them develop to their long term potential.

Full details of the TDP, including day camp dates, venues and downloadable player diaries can be found by clicking on www.basketball-scotland.com and navigating through the "For Players" menu and selecting "Talent Development Programme".



UKCC Level 1 Coaching Course

Saltire LC, Montrose Road, Arbroath, Angus, DD11 5JN

DAY 1

Sunday 25th Jan 09
9:00am to 5:00pm

DAY 2

Sunday 1st Mar 09
9:00am to 5:00pm

Cost: £160.00 per candidate

(basketballscotland scholarship available)

A maximum of 12 places are available on this course.

Candidates must complete and submit the course application form to **SportTayside & Fife** Basketball Development Manager three weeks prior to the first day of the course.

Candidates must be aged 16 or over on Day 1 of the course, and candidates must attend Day 1 and Day 2 in order to complete the course.

For full details of the course and the scholarship scheme please contact Chris Dodds, at **SportTayside & Fife**.



basketballTayside & Fife Senior Men's and Women's leagues

The leagues are in full swing with lots of games being played so far. There has been an increase in number of entries in both the Men's and Women's Leagues, showing good growth and the rising popularity of basketball in Tayside & Fife.

However, a lack of available and experienced referee resource is hampering the completion of some fixtures, and clubs and organisers are asked to bear in mind the limited resources when scheduling or re-scheduling games. Communication with respective league co-ordinator and Bruce Hendry, the **basketball**Tayside & Fife official's co-ordinator, is paramount.

This season, the Men's League has been split in to two divisions, with eight teams in the first Division and six teams in the second.

Defending Champions Perth Phoenix and University of Abertay are the undefeated early pacesetters in Division 1. In Division 2, Dundee Sharks head the table (also undefeated) with closest challengers being Dunfermline Reign and Dundee Phantoms.

Abertay University Women have joined the Women's League for the first time, giving the league six teams, which is the most for over 10 seasons. University of Dundee head the table after winning all four of their fixtures so far, and Arbroath Musketeers are in second with only one loss.

The Men's Cup (Doug Whyte Trophy) and Women's Cup (Jean Findlay Memorial Trophy) draws have been made, and all club secretaries advised accordingly. The first round of the Men's Cup has already taken place, and both the Men's Cup and Women's Cup quarter finals MUST be completed by 31st January 2009.

Full details of all fixtures and league tables are available by visiting: www.basketballtaysidefife.org.uk



Mairi Innes -
Perth Phoenix

UKCC Level 2 Pilot

basketballscotland and **Sport**Tayside & Fife plan to host a UKCC pilot Level 2 course between January 2009 and the end of the season.

The pilot course will be 5 days of learning, over three weekends. The cost will be £340 per candidate.

basketballscotland UKCC Launch Scholarships maybe available.

basketballscotland is also working with **sport**scotland and Individual Learning Accounts Scotland (ILAs).

Prior to registration candidates must:

- ♦Be age 18 or over on day 1 of the course
- ♦Hold the UKCC Level 1 Certificate in Coaching Basketball or equivalent
- ♦Have evidence of having successfully attended the SCUK Safeguarding and Protecting Children workshop or equivalent
- ♦Have evidence of having successfully attended an appointed persons first aid course or equivalent

Any Tayside & Fife coach who is interested contact me prior to Friday January 9th 2009.

clubgolf



Inaugural Volunteers Day a huge success!

The region's first Volunteers Day was held at Pitlochry Golf Club on the 5th October.



The idea of the occasion was to repay the volunteer coaches for their substantial contribution made to coaching a total of eight hundred children across clubgolf Stages 1-3 within the region's golf clubs. A total of twenty coaches made the journey to Highland Perthshire and were greeted by a course in excellent condition and drenched in rare autumnal sunshine. Up for grabs were numerous prizes, however, what the volunteers were all trying to win was a coveted tee time for four people at Gleneagles. This was won by Malcolm McKay who put his local knowledge to good use to comfortably take top honours.

The event was a huge success in allowing the volunteers to share their experiences of coaching with coaches from other clubs. With this in mind it is planned to have a similar event organised for next year. clubgolf would like to thank all those associated with Pitlochry Golf Course who made the day possible.

Milnathort Golf Club Sign up to clubgolf

Milnathort golf club has become the latest club to commit to delivering clubgolf coaching to local youngsters. The club have made the decision in order to provide existing junior members and other interested children the chance to learn the key skills of the game through the fun structured programme of the national strategy. It is planned that the club will begin their coaching around May 2009.

1st golf coach on scholarship programme

Keith Renton who coaches the clubgolf programme at Balbirnie Park Golf Club, Fife has become the first golf coach inducted on to SportTayside & Fife Scholarship programme. Keith who is already Level 1 coach and completed Level 1 CPD is eager to further develop his coaching knowledge by compiling a development plan that will include attending sportscoach UK workshops with the ultimate goal of achieving a UKCC Level 2 coaching qualification.

If you coach golf and would like to be considered for the scholarship programme please contact the Regional Manager.

clubgolf continues to grow in Tayside & Fife

Over the last 12 months, the growth and popularity of clubgolf has been significant within Tayside and Fife. The annual statistics for the programme show a rise in the number of Primary 5 pupils gaining an experience of the sport through firstclubgolf. A total of 3906 children were introduced to golf compared to 670 the previous year. This has been made possible by each Local Authority committing to firstclubgolf. This means that 49% of all Primary 5 pupils across the region were introduced to golf this year.

The number of clubs coaching clubgolf has risen from 13 to 29 with a total of 800 children benefiting from coaching sessions delivered by 118 volunteers; trained to UKCC Level 1 standard and professional golf coaches.

Girls' and Women's Football



New Girls' and Womens' Football Development Officer Appointed

October 2008 saw the appointment of the new Girls' and Women's Football Development Officer for Tayside and Fife.

Samantha Milne has been involved in Girls' and Women's football as a player, league administrator and in club development roles. She graduated from University of Abertay with an Honours degree in Sports Development in 2007 and is looking forward to working with girls' and women's football in the East Region



Sam stated: "I am delighted to have the opportunity to help develop girls' and women's football in the East Region. Girls' football is the fastest growing participation sport in the world and this is reflected in the East Region. Many girls are playing football in schools and many new girls clubs are constantly being formed. There are currently sixteen girls from the region playing in youth International teams and this season saw the SWF/ SFA Integration. Season 08/ 09 also saw the move to summer football for all girls' youth teams across the nation. The regionalisation of the girls youth leagues allowed this summer season to go ahead and once again the East has proved to be strong by having a league for U13, U15 and U17. U11 football has also been regionalised with many fixtures being played over the short season.

...for me, there are exciting times ahead for girls' and women's football across Tayside and Fife of which I am overjoyed to be part of..."

For any girls/ women's football enquiries please contact **Sam Milne** on **01382 431829** or **E-mail: Sam.milne@scottishfa.co.uk**

A European Visit!

Sam travelled to Czech Republic, which was organised by the Scottish FA for coaches who work regional and development squads. The visit, which was organised in November as part of the **Leonardo Da Vinci Project** was planned to support the education and development of the coaches working across the Regional Player Pathway. Twenty coaches travelled with the party, including: the National Manager, the Head of Girls' and Womens Development, the National Development Officer and the Technical Programme Manager. The group shared experiences with the two top teams; Sparta Prague and Slavia Pargue as well as having conference time with the Czech Republic National Manager. High on the agenda was to network to establish training philosophies, talent plans and identifying talent.

Gymnastics

Civic Reception for Dundee Gymnastics Club

The Lord Provost of Dundee hosts a civic reception to recognise the recent achievements of DGC2K.

Dundee Gymnastics Club 2K has had a hugely successful year with four members of the club winning the Scottish Team Championships, three members representing Scotland and one member qualifying to represent Scotland at the British Championships by being crowned overall Scottish Champion.

...the achievements of Dundee Gymnastics Club 2K in the last 12 months have been fantastic and Dundee City Council would like to recognise their success and hard work. It takes a lot of time and dedication to reach this level of performance and all club members and coaches should be very proud of what they have achieved...

These successes and the hard work of all club members has seen them short-listed nominations for the forthcoming SportDundee Awards in the Coach, Community Coach, Young Sportsperson, Young Team and Volunteer of the year categories.



GENERAL GYMNASTICS UKCC L1 COURSE

With increasing demand and growth a further Level 1 course has been identified, The course will take place in Waterstone Crook Sports Centre, Fife on 8th/22nd February and 1st March 2009. Closing date - 24th Jan 2009.

TRAMPOLINE UKCC L1 COURSE

Trampolining is becoming increasingly popular and many clubs are looking to expand and include this discipline. A course will take place in Crieff High School, on 7th/28th February and 1st March 2009. Closing date - 23rd Jan 2009.

PRE-SCHOOL L1 COURSE

Physical Literacy and Fundamental skills are essential for participants. A Level 1 will take place at Bells Sports Centre, Perth



39 Coaches benefit from World Leading Choreographer!

Daniella Nanovaa Delivers a Choreography workshop.



World leading Choreographer; **Daniella Nanovaa** delivered a workshop at Auchterarder Community School on 16th November. Daniella provided thirty nine coaches with information and practical demonstrations on how to deliver a quality choreography session within a club setting. This will enable coaches to improve the standard of performance at all ability levels, throughout disciplines. Daniella Nanovaa,

Daniella Nanovaa former Bulgarian Artistic and Rhythmic gymnast, and National Choreographer for British Gymnastics, is a popular clinician in the UK. She has choreographed many artistic, sports acrobatics and rhythmic routines. Daniella has vast experience of working across all disciplines in the following areas: Body Preparation and Posture Improvement, Flexibility Training, Ballet and Choreography, Floor and Beam Routine Construction and Dance and Movement skills. Daniella is currently employed by British Gymnastics as the national choreographer.



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on the 29th April,
9th/10th May 2009.
Closing date - 14th
April 2009.

UKCC L1 COURSES

From 1st August 2008, the structure for all Level 1 courses changed to UKCC. The minimum age for candidates who wish to take part in these courses is now 16. The cost has increased to £273.55 and membership is no longer included.

UKCC EXAMS

All UKCC candidates who do not present for exam will have to submit a Doctors Certificate to ensure re-allocation of exam date. All candidates who do not adhere to this procedure will have to attend the full course again at full cost.

COURSE PAYMENTS

From 1st November 2008 Scottish Gymnastics won't accept deposits for courses. Bookings must now send in a completed application form and FULL payment. For more information contact Scottish Gymnastics.

Hockey

Midland in Inter District Action

Midland District girls & boys were in competition at Peffermill on 8th/9th and 15th/16th November.



Midland Volunteer Roles

Midland Hockey Union are looking for a new Boys' Convenor and a new Youth Convenor. Ialene Mitchell is stepping down from these roles, after making a significant contribution. If you would like to find out more about the roles, get in touch.

Long Term Player Development

Scottish Hockey have progressed consultation on their LTPD paper. A workshop will be held in Midland early in the New Year. You can request the paper and will be distributed to anyone who attends the workshop.



The girls competed on the first weekend and both teams improved considerably over the course of the two days. The U18s finished 5th and the U16s were unlucky to finish in 7th - losing 3 games by the odd goal.

The boys competed the following weekend against East, West, & North. The U16s had an emphatic 5-2 win over North in the pool games and beat them again (4-1) in the playoff to secure 3rd spot. The U18s missed out on 3rd spot losing the playoff to North on penalty strokes.

The main aim of the tournaments is to allow National Coaches to see the potential Scotland players of the future. Initial indications are that there will be 16 Midland players in the U16 & U18 squads. These players will also join the Tayside & Fife Performance Squad.



Monarch Hockey Club Gain Accreditation

Monarchs have achieved the Silver level of Angus Council's club accreditation scheme (ACE).



To gain this, the club had to prove they are a safe and welcoming club and the award now shows prospective players and parents that the club is a good option. Congratulations to Monarchs and those involved in the work to gain the award.



Coach Education

Thirteen candidates attended a Hockey Leaders in Arbroath on 23rd November. Further dates for Leaders Awards are planned for Perth & Kinross early in the New Year. The Award is open to anyone over the age of 14 & can be run subject to demand so if you have a group who would like to do the course, please get in contact with the Hockey Development Manager.

Dunfermline Carnegie Development Squad

DCHC have created a development squad within the club to provide talented players with individually focussed training. Based on the model of potentials programmes in Dundee and Perth & Kinross, it is hoped this programme will help to progress talented young Fife players. Once there is significant hockey activity in other areas of Fife, the aim is to create a Fife-wide development squad.

Rugby

New Staff Join the Team ...and One Returns!

There are several new staff working in the Tayside and Fife Rugby Development Team this year.



This includes the annual influx of SVQ community coaches who are charged with bringing rugby to the next generation through coaching in primary and secondary schools throughout the region. The new SVQ's are:

Jordan Kingston and Craig Sheerer – Dundee Eagles

Calum McLean – Strathie Sharks

Johnny Hall – Stobswell RFC

Emma Hampton and Caristiona Hawthorn – Perthshire RFC

James Bird – Dunfermline RFC

Alex Brooks – Kirkcaldy RFC

Also joining the team is Stewart Ross. Stewart has taken up the post of Angus Rugby Development Officer from Kenny Christie who has moved on to pastures new in Monza, Italy. He joins us from Banff RFC having completed his sports degree at Stirling Uni, he has hit the ground running already organising several school events and meeting his clubs. Good Luck Stewart!

And who's returning? I am, Doc McKelvey, having spent a while working at Murrayfield I have returned to take over as RDM for the area and look forward to catching up with you all soon.

Food Standards Agency Scotland 'Hygiene, Healthy Eating and Activity in Primary Schools' Initiative

Following the successful pilot last year, primary schools in Perth & Kinross, Dundee and Angus have signed up for the HHEAPS initiative, which will see another 630 children complete the 6 week course.

The initiative is designed to raise awareness in schools of the benefits of good food hygiene and healthy eating, as well as encouraging kids to be more active and improve their fitness through rugby.

The course will be delivered in class by teachers with DO's and SVQ's delivering the rugby sessions.

Youth Coaching Course Goes National!



The Youth Coaching Course is about to go national.

The Youth Coaching Course which I developed with Lindsey Booth and Jock

Peggie from Scottish Rugby during my time as Perthshire Development Officer, is about to go national thanks to the Scottish Government's 'Cashback for Communities' programme.

Their investment in Scottish Rugby has allowed the Youth Coaching Course resources to be professionally developed and published so that young men and women across Scotland (aged 15+) will have the opportunity to receive training and support towards completing their Foundation Coaching and Refereeing awards.



Young players and coaches from Perthshire RFC feature heavily in the course workbooks and I thank them for their help in developing this resource. The course will be available in the New Year and any one interested should contact their local DO for info on the next available course.

Record Entry in Bell Lawrie Schools Competitions

The number of new schools entering the Bell Lawrie competitions this season gives a clear indication that the commitment of clubs and schools to work together to grow the game is working.

This is especially true in Angus where Arbroath Schools and Carnoustie HS joined Strathmore Schools (Forfar Ac & Websters HS) and Montrose Academy in the competition. This represents great progress after only one full season of the Angus DO being in post; and the numerous school and club volunteers deserve great credit and thanks for their support.

Partnership Boost for Perthshire

Perthshire RFC's Development team received a boost with Perth & Kinross Council agreeing to a ground-breaking Service Level Agreement (SLA), recognising the valuable contribution the club makes to physical activity provision in schools and communities.

Development Officer Contacts:

◆ Colin Whittaker
(Dundee Eagles RFC):
T: 07745 302924
E: colin@
dundeeeagles.co.uk

◆ Andy Cummins
(Perthshire):
T: 07717 798698
E: andy.cummins
@perthshirerfc.co.uk

◆ Stewart Ross (Angus):
T: 07824 694473
E: RossS@angus.gov.uk

◆ Phil Smith (Dunfermline & West Fife):
T: 07825 787112
E: pjw.smith@hotmail.com

◆ Paul Hunter (Central & East Fife)
Tel: 08451 555555 ext
402599
E: paul.hunter@fife.gov.uk

◆ Quintan Sanft (Kirkcaldy RFC Community Blues):
T: 07841 230460
E: quintan_s@hotmail.com

If you would like any information on rugby in Tayside & Fife please contact: Doc McKelvey Regional Development Manager (Tayside & Fife)
Doc.mckelvey@sru.org.uk

★★ Partnerships

★★ Development

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Spring 2009

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SportTayside & Fife
Working together for Sport

