

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

We have been very active since the publication of our February Newsletter – particularly with the events, festivals, competitions, coaching courses and workshops organised in partnership with our clubs and Local Authority colleagues,

The whole purpose of our Newsletter is to give the sporting community in Tayside and Fife a regular update of the progress we are making together to grow the grassroots of sport and provide the ladder of opportunity for our young talented performers.

Each section provides a closer look at what has been taking place, but some of the highlights are:

- The 15 new coaches who have been admitted to our Coaching Scholarship programme
- Dundee West Girls football club's outstanding success in winning the U17 Scottish Cup at the National Youth Finals day in Stirling.
- The work we have done with scottishathletics to support the establishment of the Open Graded Grand Prix series – a new age group competition structure – with the final taking place in Dundee in August.
- **basketballscotland** and **SportTayside & Fife's** pilot Talent Development Programme at D.I.S.C, Dundee for selected Under 14 boys and girls.
- The delivery of firstclubgolf Stage 1 coaching to 103 Primary 5 children from local schools by Scotsraig Golf Club.
- The first ever Inter Regional Beginners and Intermediate Men's Artistic Gymnastics competition being hosted in Dundee.
- Tayside Primary Hockey Finals at DISC in May won by Dundee Wanderers Hockey Club Under 12's, and the Fife Primary Hockey Finals contested by 14 teams and won by Pittencrieff Primary.
- The appointment of new Rugby Club Development Officers in Angus and Fife to further boost growing the game across the region and support the work of those already delivering in Perth & Kinross and Dundee.
- The thirteen new volunteers recruited and trained by Kinross Otters swimming club to help support the work of the coaches on poolside.

Finally, we are looking forward to supporting the roll out of the governing body Academy Programmes for young up and coming performers in Tayside and Fife. The Partnership will be managing the delivery of the support programmes, such as strength and conditioning that will support the technical and tactical work being delivered by the governing bodies. We are currently working closely with the sports, the Tayside and Fife Institute of Sport, the Scottish Institute of Sport and **sportscotland** to complete the planning so that we can begin to deliver the support programmes in autumn.

Brian Samson

Partnership Manager

Basketball

Chris Dodds
Basketball Development Manager
E-mail: chris.dodds@dundeecity.gov.uk

DEVELOPING BASKETBALL IN TAYSIDE & FIFE

[basketballscotland / SportTayside & Fife Talent Development Programme \(Boys & Girls\)](#)

basketballscotland and **SportTayside & Fife** have been running a pilot Talent Development Programme at D.I.S.C, Dundee for selected Under 14 boys and girls (born 1993 onwards).

The programme Head Coach is Russel Kesson of Perth Phoenix, who has recently been appointed as the National Under 14 Boys Head Coach by **basketballscotland**. Russel has two young developing coaches assisting him at these sessions, Ally Vannet of Dundee Sharks and Fiona Lynn of Menzieshill Madsons, as part of the coach mentoring scheme.

Unlike previous development squads, this new programme incorporates the new Long Term Player Development principles and is more fundamentals based rather than competition based. The programme athletes are:

Boys

Neil Archibald
Paul Reid
David Thow
Cameron Dalgliesh
Cameron McClay
Sean Moore
David Lynn
Jake Warrington
Jack Hunter
Aaron Thomson
David McArtney

School

Menzieshill HS
Arbroath HS
Grove Academy
Arbroath HS
Inverkeithing HS
Inverkeithing HS
Menzieshill HS
CS of Auchterarder
Grove Academy
Dunfermline HS
Monifieth HS

Girls

Katy Brown
Corrie Tadden-Paterson
Rachel Cathro
Lisa Mackie
Jade Beaton
Laura Adam
Kirsten Duncan
Sally Boni
Robyn Lee
Emma McLaren
Natalie Kerr

School

Kinross HS
Menzieshill HS
Menzieshill HS
CS of Auchterarder
Arbroath HS
Arbroath HS
Chapelark PS
Forfar Academy
Forfar Academy
CS of Auchterarder
CS of Auchterarder

The programme incorporates the RAF Careers Under 14 Development Tournament at DISC on Saturday 26th and Sunday 27th May, with the squad training sessions running up until Monday 11th June 2007, also at DISC.

Tayside Primary School Basketball Development Squads (Boys & Girls)

Congratulations are due to the coaches and players in the Tayside Girls Squad who won the National Primary School Inter Area Tournament at Meadowmill, Tranent on Sunday 13th May 2007. This is the first time that a team from Tayside has won at the Under 12 age category.

The girls qualified for the final after a nail biting overtime win over favourites Edinburgh, and lifted the trophy after an equally exciting 14-12 victory over hosts East Lothian in the final.

The boy's team also had a fantastic tournament, thrashing Central in the 3rd / 4th place play off after narrowly losing to Edinburgh Boys in what was effectively the semi final.

Girls Coaches Robin Paterson, and Caitlyn Tadden-Paterson, and Boys' Coaches Steve Rose and Scott Finlayson all did a tremendous job and received huge thanks for coaching the teams.

Tayside & Fife Players Receive National Team Recognition

Several players from schools and clubs across Tayside & Fife have received well earned recognition by being named in **basketballscotland** National Team squads. The players have been training with the squads the majority of the season and our congratulations go to them.

Under 18 Boys

Daniel Sutherland
Josh Perera

Blairgowrie HS / Arbroath Musketeers
Grove Academy / Arbroath Musketeers

Under 16 Boys	Scott Walker Alan McArtney Calum Nicol	Monifieth HS / Dundee Sharks Monifieth HS / Dundee Sharks Queen Anne HS / Dunf Reign + Edinburgh Kings
Under 16 Girls	Kathryn Taylor	Monifieth HS / Dundee Sharks + Edin Kool Kats
Under 15 Boys (Development Squad)	Euan Small Dale Grieve	Arbroath HS / Arbroath Musketeers Arbroath HS / Arbroath Musketeers
Under 14 Boys (Development Squad)	Neil Archibald Paul Reid	Menziesshill HS / Arbroath Musketeers Arbroath HS / Arbroath Musketeers

Season 2006/07 - Senior Men's and Women's Leagues and Cups

The Senior Men's League has been won by Dundee Sharks, completing back to back league championships in the process. The men's league this season has been one of the most keenly contested for years, with Frews Madsons, Perth Phoenix, University of Dundee and NCR Nationals all having strong sides. University of Abertay and the two new men's teams, Montrose Ravens and Warriors (who are a second team from University of Abertay) put in some great performances in what was many players first competitive league basketball experience.

The Women's League is almost completed too, with last season's league winner's Dundee Sharks having a photo finish with Arbroath Musketeers. Perth Phoenix will finish third in the league followed by University of Dundee Women, who unfortunately were unable to complete their fixtures due to exams.



This season's Cup Finals take place on Sunday 3rd June 2007 at DISC, Dundee when Arbroath Musketeers will face last years winners Dundee Sharks in the Women's Cup Final. The Men's Cup Final, which precedes the Women's game, will see Frews Madsons play the winners of the Perth Phoenix/Dunfermline Steel semi final.

Full details of the Men's and Women's Leagues are available at www.basketballtayside.org.uk

Tayside & Fife Under 16 Central Venue Development Leagues

The inaugural Tayside & Fife U16 Central Venue Development Leagues had their final round of fixtures in May at Mayfield SC in Dundee and Carnegie LC in Dunfermline. This new league has proved a huge success, with ten boy's teams and five girl's teams involved. Our thanks go to the host venues and the volunteers who assisted and contributed to make the playing opportunities happen for the young players.

The Development Leagues also provided a friendly, controlled environment for developing young and/or inexperienced coaches, referees and table officials too, and we have attracted new officials into the game which is very welcome indeed. The format is intended to be repeated next season, with expansion in to an Under 14 league for boys and girls as well. Format of the leagues will be dependant on the number of entries. The final league positions for 2006-07 were:

	Boys' Division "A"	Boys' Division "B"	Girls' Division
1 st)	Dunfermline Reign	Glenrothes Raptors	Arbroath Musketeers
2 nd)	Arbroath Musketeers	Montrose Ravens	Menziesshill Madsons
3 rd)	Perth Phoenix	Menziesshill Madsons	Perth Phoenix
4 th)	Grampian Flyers	Perth & Kinross Dev Squad	Kirkcaldy Bulldogs
5 th)	Dundee Sharks	Dunfermline Steel	Monifieth HS Girls

For further details or to register your club's entry for U16 or U14 Boys and Girls basketball CVDL's for next season (2007-08) please contact me.

The next quarterly SportTayside & Fife Basketball newsletter will be published at the end of August 2007.

Coaching

Derek Welch
Club/Coach Development Manager
E-mail:derek.welch@dundeecity.gov.uk

DEVELOPING COACHING IN TAYSIDE & FIFE

Scholarship Programme 2007-08

During the last three months, **SportTayside & Fife** have agreed long-term development programmes with fifteen coaches and inducted eight individuals to the Scholarship Programme. Four sports will benefit from the support: Basketball, Gymnastics, Rugby and Swimming. An informal interview process is now being used to identify Continuous Personal Development Needs (CPD).

CPD Scholarship Programmes - February-May 07

Basketball

Fiona Lynn –
Level 2/UKCC Level 2
additional component
Alistair Vannet –
Level 2/UKCC Level 2
additional component

Gymnastics

Donna Crowther –
Pre-School Tutor Level
1/2/Judging
Pamela Bowie –
Judging/First
Aid/Women's Artistic
Add-on
Rebecca Simpson –
Chorography
Stephen O'Rourke –
Performance
Trampoline

Rugby

Chris Reekie –
UKCC Level 2
Ed Richardson –
Level 2/Strength &
Conditioning/Agility &
Speed
James Keenan –
Foundation & Level 1
Fordyce Davidson –
Foundation & Level 1

Swimming

David Haig –
ASA Level 1
Mark Laing –
UKCC Level 3
Gillian Burnett –
UKCC Level 3
Drew Burnett –
UKCC Level 3
Fiona Dodds –
UKCC Level 3

Would you like to improve your coaching?

For more information on the 2007-08 Scholarship Programme, please contact me using the contact details with this newsletter or visit our website for further details.

SportTayside & Fife Education Programme 2007-08

Medication in Sport May 23 2007

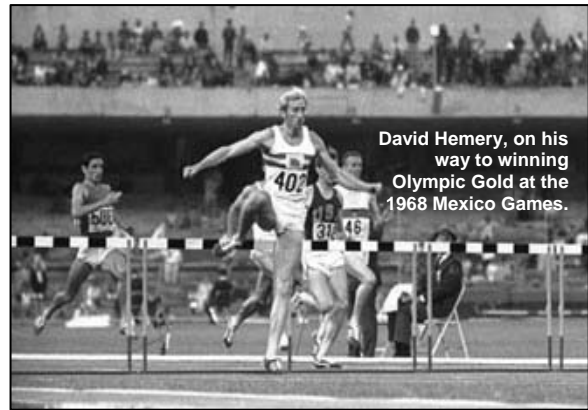
As part of the Biomedicine series of workshops for 2007, in conjunction with HEAL Physiotherapy & Sports Medicine Centre, a *Medication in Sport* workshop was delivered by Dr. Alan Dawson, at High School of Dundee Mayfield Sports Centre on Wednesday, May 23rd. The workshop informed athletes, coaches and parents on the status of prohibited classes of substances and examples of permitted medication in sport. The workshop was attended by 16 delegates and set-out to inform the audience of who are liable to be tested, during or out-with competition. The workshop outcome provided information, allowing athletes, coaches and parents to take responsibility to check the status of all medications and supplements.

National Coaching Network

The National Coaching Network gathered in Pitlochry on May 2nd & 3rd, consisting of: **SportTayside & Fife**, Scottish Governing Body and Local Authority representatives. The National Coaching Network is a **sportscotland** initiative designed to promote greater use of sound coaching practices, with the group creating a culture of working co-operatively in the exchange of ideas and knowledge across Scotland.

A series of workshops was delivered to update the delegates on the UK Coaching Model that will guide the development of strategic, operational and delivery systems for coaching policy and practice in the UK.

The thirty-strong team of officers and managers also enjoyed a day with David Hemery, 400m Hurdles Olympic Gold Medallist at the 1968 Mexico Games in a time of 48.12 sec., which would guarantee a place in the Olympic final today! In 1972 he was silver and a bronze medallist, but called time on a distinguished career, and continued in athletics as a coach and consultant in the UK and America.



David Hemery, on his way to winning Olympic Gold at the 1968 Mexico Games.

Regional Club Development Group

A Regional Club Development Group has been established, with the view to supporting Partnership Club Accreditation Schemes. Minimum criteria for club schemes has been produced, creating further clarity on what criteria is absolutely essential and what is desirable good practice. Further recommendations have highlighted matters relating to equity, player/coaching pathways and Child Protection.

Forthcoming SportTayside & Fife Courses and Workshops

SportTayside & Fife Workshop Series 2007

Course: Psychology for Parents and Children with Psychologist, Katie Sinnott
Date/Time: Wednesday 20th June 6.50 for 7pm-8pm
Venue: High School of Dundee, Mayfield Sports Centre, Dundee
Cost: £8.00
Contact: Derek Welch, **SportTayside & Fife**
Tel: 01382 431 852 E-mail: Derek.welch@dundeecity.gov.uk

SportTayside & Fife Workshop Series 2007

Course: Nutrition & Hydration with Dr. Declan Fields
Date/Time: Wednesday 11th July 6.50 for 7pm-8.30pm
Venue: High School of Dundee, Mayfield Sports Centre, Dundee
Cost: £10.00
Contact: Derek Welch, **SportTayside & Fife**
Tel: 01382 431 852 E-mail: Derek.welch@dundeecity.gov.uk

SportTayside & Fife Workshop Series 2007

Course: Warm Up/Cool Down/Massage with Lesley Dawson and Lynne Miller
Date/Time: September 6.50 for 7-9pm (Call for further details)
Venue: High School of Dundee, Mayfield Sports Centre, Dundee
Cost: £10.00
Contact: Derek Welch, **SportTayside & Fife**
Tel: 01382 431 852 E-mail: Derek.welch@dundeecity.gov.uk

For more course and workshop information, please go to www.SportTayside-Fife.co.uk. If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 13th August**