

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

We have been very active since the publication of our February Newsletter – particularly with the events, festivals, competitions, coaching courses and workshops organised in partnership with our clubs and Local Authority colleagues,

The whole purpose of our Newsletter is to give the sporting community in Tayside and Fife a regular update of the progress we are making together to grow the grassroots of sport and provide the ladder of opportunity for our young talented performers.

Each section provides a closer look at what has been taking place, but some of the highlights are:

- The 15 new coaches who have been admitted to our Coaching Scholarship programme
- Dundee West Girls football club's outstanding success in winning the U17 Scottish Cup at the National Youth Finals day in Stirling.
- The work we have done with scottishathletics to support the establishment of the Open Graded Grand Prix series – a new age group competition structure – with the final taking place in Dundee in August.
- **basketballscotland** and **SportTayside & Fife's** pilot Talent Development Programme at D.I.S.C, Dundee for selected Under 14 boys and girls.
- The delivery of firstclubgolf Stage 1 coaching to 103 Primary 5 children from local schools by Scotsraig Golf Club.
- The first ever Inter Regional Beginners and Intermediate Men's Artistic Gymnastics competition being hosted in Dundee.
- Tayside Primary Hockey Finals at DISC in May won by Dundee Wanderers Hockey Club Under 12's, and the Fife Primary Hockey Finals contested by 14 teams and won by Pittencrieff Primary.
- The appointment of new Rugby Club Development Officers in Angus and Fife to further boost growing the game across the region and support the work of those already delivering in Perth & Kinross and Dundee.
- The thirteen new volunteers recruited and trained by Kinross Otters swimming club to help support the work of the coaches on poolside.

Finally, we are looking forward to supporting the roll out of the governing body Academy Programmes for young up and coming performers in Tayside and Fife. The Partnership will be managing the delivery of the support programmes, such as strength and conditioning that will support the technical and tactical work being delivered by the governing bodies. We are currently working closely with the sports, the Tayside and Fife Institute of Sport, the Scottish Institute of Sport and **sportscotland** to complete the planning so that we can begin to deliver the support programmes in autumn.

Brian Samson

Partnership Manager

clubgolf

Martin Ritchie
Clubgolf Regional Manager

DEVELOPING CLUBGOLF IN TAYSIDE & FIFE

Stage 1 coaching at Scotsraig Golf Club

The month of May saw Scotsraig Golf Club begin delivering Stage 1 coaching with children from local schools. A total of 103 Primary 5 children from the schools of Tayport, Newport, Wormit and Balmerino each received an introduction to golf during school time in April through the adaptive game first **clubgolf**. The sessions in schools were delivered by three Golf Coaching students from Elmwood College who also happen to be members at Scotsraig. The sessions were a great success with the class teachers commenting on how much the children had enjoyed the coaching they received. Each child was given the opportunity to apply to attend **clubgolf** Stage 1 coaching at the club which teaches the fundamental skills of the game using real golf equipment on a developmental basis. The club were inundated with applications to attend the coaching sessions, which are delivered by members of the club who are PGA Level 1 qualified coaches, and a total of 21 children are now attending on a weekly basis. The initiative has proved a great success with 20% of the children attending coaching at the golf club from insight into the game from school well done to all involved.



Children at Scotsraig Golf Club

More Level 1 volunteers coaches trained

Fourteen volunteers from the golf clubs of Camperdown, Crail and Dunning attended PGA Level 1 training on the 19th & 20th of May. The two day assessed course is designed to provide volunteers with the ability to coach youngsters the basic skills of putting, chipping, pitching, bunker play and full swing in a fun and safe environment.

In addition each of the clubs has also successfully adopted a child protection policy through the Scottish Golf Union in readiness for coaching junior golfers. As a result of this work each of the clubs is committed to introducing youngsters to the game by linking with local schools. This will provide children with an opportunity to receive coaching at the golf club, following

school activity using the modified game first**clubgolf**. Each of the clubs will put in place a series of coaching sessions in order for the local children to be coached through Stage 1 of the **clubgolf** development programme. Well done to all the volunteers who successfully completed the Level 1 qualification and good luck with your coaching in the coming months!

Spaces still available at professional events

There are still spaces available for clubs and community groups to attend many of the high profile professional golf events at which **clubgolf** will be present. These are a great opportunity for children to come and watch the best players in the world battle it out on some of Scotland's finest courses. In addition to this there will be the opportunity for the group of children to receive some coaching and there maybe the possibility to meet a top professional. There are also a limited number of tee times at Gleneagles on the Wee Course for clubs which deliver the **clubgolf** coaching programme to juniors. Details are as follows:

Event	Venue	Dates available	Contact
Open championship	Carnoustie	21st & 22 nd July	Martin Ritchie 07917165699
Johnny Walker Championship	Gleneagles	30 th August – 2 nd September	SGU 01382 549500
Wee Course tee times	Gleneagles	Limited Sunday availability	SGU 01382 549500

Venues wanted

This year **clubgolf** would like to hold regional volunteer golf days to thank the volunteers for their commitment and support of the programme. If your club like to host the event please contact the **clubgolf** Regional Manager. The event is likely to be held sometime in September and it is a good way of publicising your golf club whilst generating some money for the club.

Venues are sought after to host Level 1 coach education courses. These courses are held over weekends between January and April and require the following facilities:

- Areas for practising bunker play, putting and full shots
- A private area indoors which will be quiet for theory work for up to 16 people

If you can accommodate please contact the Regional Manager

For further information or updates, please visit our website at **www.SportTayside-Fife.co.uk**. Any information for inclusion in the next newsletter should be submitted by **Monday 13th August**.

Coaching

Derek Welch
Club/Coach Development Manager
E-mail:derek.welch@dundeecc.gov.uk

DEVELOPING COACHING IN TAYSIDE & FIFE

Scholarship Programme 2007-08

During the last three months, **SportTayside & Fife** have agreed long-term development programmes with fifteen coaches and inducted eight individuals to the Scholarship Programme. Four sports will benefit from the support: Basketball, Gymnastics, Rugby and Swimming. An informal interview process is now being used to identify Continuous Personal Development Needs (CPD).

CPD Scholarship Programmes - February-May 07

Basketball

Fiona Lynn –
Level 2/UKCC Level 2
additional component
Alistair Vannet –
Level 2/UKCC Level 2
additional component

Gymnastics

Donna Crowther –
Pre-School Tutor Level
1/2/Judging
Pamela Bowie –
Judging/First
Aid/Women's Artistic
Add-on
Rebecca Simpson –
Chorography
Stephen O'Rourke –
Performance
Trampoline

Rugby

Chris Reekie –
UKCC Level 2
Ed Richardson –
Level 2/Strength &
Conditioning/Agility &
Speed
James Keenan –
Foundation & Level 1
Fordyce Davidson –
Foundation & Level 1

Swimming

David Haig –
ASA Level 1
Mark Laing –
UKCC Level 3
Gillian Burnett –
UKCC Level 3
Drew Burnett –
UKCC Level 3
Fiona Dodds –
UKCC Level 3

Would you like to improve your coaching?

For more information on the 2007-08 Scholarship Programme, please contact me using the contact details with this newsletter or visit our website for further details.

SportTayside & Fife Education Programme 2007-08

Medication in Sport May 23 2007

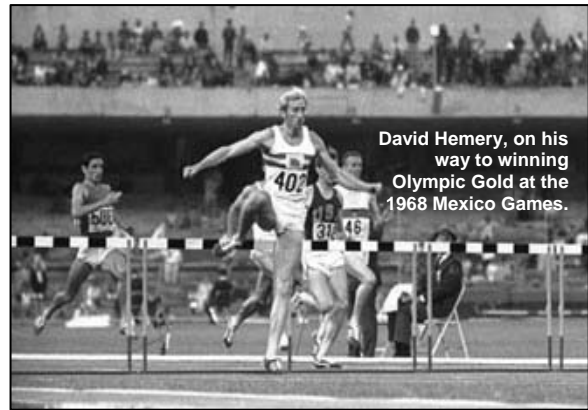
As part of the Biomedicine series of workshops for 2007, in conjunction with HEAL Physiotherapy & Sports Medicine Centre, a *Medication in Sport* workshop was delivered by Dr. Alan Dawson, at High School of Dundee Mayfield Sports Centre on Wednesday, May 23rd. The workshop informed athletes, coaches and parents on the status of prohibited classes of substances and examples of permitted medication in sport. The workshop was attended by 16 delegates and set-out to inform the audience of who are liable to be tested, during or out-with competition. The workshop outcome provided information, allowing athletes, coaches and parents to take responsibility to check the status of all medications and supplements.

National Coaching Network

The National Coaching Network gathered in Pitlochry on May 2nd & 3rd, consisting of: **SportTayside & Fife**, Scottish Governing Body and Local Authority representatives. The National Coaching Network is a **sportscotland** initiative designed to promote greater use of sound coaching practices, with the group creating a culture of working co-operatively in the exchange of ideas and knowledge across Scotland.

A series of workshops was delivered to update the delegates on the UK Coaching Model that will guide the development of strategic, operational and delivery systems for coaching policy and practice in the UK.

The thirty-strong team of officers and managers also enjoyed a day with David Hemery, 400m Hurdles Olympic Gold Medallist at the 1968 Mexico Games in a time of 48.12 sec., which would guarantee a place in the Olympic final today! In 1972 he was silver and a bronze medallist, but called time on a distinguished career, and continued in athletics as a coach and consultant in the UK and America.



David Hemery, on his way to winning Olympic Gold at the 1968 Mexico Games.

Regional Club Development Group

A Regional Club Development Group has been established, with the view to supporting Partnership Club Accreditation Schemes. Minimum criteria for club schemes has been produced, creating further clarity on what criteria is absolutely essential and what is desirable good practice. Further recommendations have highlighted matters relating to equity, player/coaching pathways and Child Protection.

Forthcoming SportTayside & Fife Courses and Workshops

SportTayside & Fife Workshop Series 2007

Course: Psychology for Parents and Children with Psychologist, Katie Sinnott
Date/Time: Wednesday 20th June 6.50 for 7pm-8pm
Venue: High School of Dundee, Mayfield Sports Centre, Dundee
Cost: £8.00
Contact: Derek Welch, **SportTayside & Fife**
Tel: 01382 431 852 E-mail: Derek.welch@dundeecity.gov.uk

SportTayside & Fife Workshop Series 2007

Course: Nutrition & Hydration with Dr. Declan Fields
Date/Time: Wednesday 11th July 6.50 for 7pm-8.30pm
Venue: High School of Dundee, Mayfield Sports Centre, Dundee
Cost: £10.00
Contact: Derek Welch, **SportTayside & Fife**
Tel: 01382 431 852 E-mail: Derek.welch@dundeecity.gov.uk

SportTayside & Fife Workshop Series 2007

Course: Warm Up/Cool Down/Massage with Lesley Dawson and Lynne Miller
Date/Time: September 6.50 for 7-9pm (Call for further details)
Venue: High School of Dundee, Mayfield Sports Centre, Dundee
Cost: £10.00
Contact: Derek Welch, **SportTayside & Fife**
Tel: 01382 431 852 E-mail: Derek.welch@dundeecity.gov.uk

For more course and workshop information, please go to **www.SportTayside-Fife.co.uk**. If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 13th August**