

NEWSLETTER - MAY 2008

SportTayside & Fife

★
Partnership
Showcase!

TAY GAMES INTER-VARSITY CHALLENGE 2008!

February 6th 2008 saw the inaugural Tay Games Inter-Varsity Challenge between Dundee and Abertay Universities

Students from each University squared-up to their rivals across seven sports and competed for 'Sporting Bragging Rights' in the city! Teams from both Universities contested matches in: Rugby, Football, Gaelic Football, Basketball, Volleyball, Hockey and Golf at various venues in and around the city.



The event showcased all that is positive about student sport, with over 250 participants and many more spectators taking in the games. Both competitive and recreational sports at both Universities area major part of University life with thousands of students participating in sport and physical activity each week. Equally each university supports international class athletes and coaches who are combining studies and their sporting careers. This helps to create a vibrant and dynamic student experience.

The games were keenly contested with many going right to the wire! In the end, Dundee University won the challenge 7-3, to lift the trophy. The games are now a major part of each university's sporting calendar and it is hoped to build on the success of this year; allowing the event to grow in numbers, sports...and spectators!

TERTIARY EDUCATION FORUM

The Partnership has set-up a Forum for all Tertiary Education Institutions in the region.

The key role of the Forum, is to foster closer working with all institutions to:

- Develop joint sports specific and coaching programmes
- Highlight facility development and access issues
- Discuss and input to national and regional sports policy
- Share good practice

The members of the Forum are:

- The Universities of Abertay, Dundee and St Andrews
- Scottish Universities Sport
- Angus, Dundee, Adam Smith, Elmwood and Perth colleges

Two meetings have taken place since January and a third will take place in June, to plan and co-ordinate programmes for the new academic year. A number of potential joint programme areas were identified and terms of reference agreed.

The major focus over the next year will be on joint planning for coach education and will include supporting each institution's current coaching and sports development courses. The Forum will also look at deploying student coaches to support the delivery of Partnership and local authority programmes and to provide more coaches for student sports clubs.

The Forum agreed that the Inter-Varsity Games had been a great success and that the next challenge was to look at how the colleges might participate!

A meeting is being held at Elmwood during May, where the colleges will explore the potential of joint teams in a number of sports playing in the competition.

ATHLETICS ● ATHLETICS ● ATHLETICS ● ATHLETICS

Elevating Athletics Resource for Every School in Britain

UK:Athletics, in partnership with their commercial sponsors Norwich Union, have recently sent a free Elevating Athletics Resource pack to every comprehensive primary and secondary school in Great Britain. The packs detail a fun and innovative approach to teaching athletics in schools with specific content aimed at each level of the school curriculum. Both primary and secondary packs focus on running, jumping and throwing, as well as giving information on conditioning and warm up activities.

In association with this Continuous Professional Development (CPD) sessions are available from the governing body, and can be delivered by **SportTayside & Fife**. At both primary and secondary level teachers can chose to do a two or three hour workshop session or a six hour Certificate in Teaching Primary/Secondary Athletics (this can be delivered as one session or across two or three sessions, as appropriate).



Teachers from Fife secondary schools taking the Certificate in Teaching Secondary Athletics at Beath High School

Sessions can also be opened up to the wider athletics community, with particular benefit to new coaches; coaches working with in both Local Authorities and Clubs are welcome to attend sessions. If you have not already attended a CPD session and would like to do so please contact Alasdair Donaldson on 01382 431 851 or alasdair.donaldson@dundeecity.gov.uk

Summer Competition Dates:

2nd August 2008

Celtic Games (U16 & U18)
**Pitreavie Athletics Centre,
Dunfermline**

30th & 31st August 2008

Scottish Senior
Championships & age-group
Relay Championships
**Pitreavie Athletics Centre,
Dunfermline**

13th September 2008

scottishathletics Open Graded
Grand Prix Final
**George Duncan Athletics
Arena, Perth**

13th & 14th September 2008

SportTayside & Fife Combined
Events Championships
(incorporating the Scottish
U13,U15 & U17 Combined
Events Championships)
**George Duncan Athletics
Arena, Perth**

21st September 2008

SportTayside & Fife Track &
Field Championships
**George Duncan Athletics
Arena, Perth**

Coaching Courses

UKA Level 2 Modules will take
place at **George Duncan
Athletics Arena, Perth**, over
the weekend of 7th & 8th June.

Jumps	Sat 7 th
Speed	Sat 7 th
Throws	Sun 8 th
Endurance	Sun 8 th

To sign up to any of these
modules you must have
already completed the Level 2
Core module; contact Anne
Stewart 0131 476 7328

anne.stewart@scottishathletics.org.uk

Further Dates for Your Diary:

13th & 14th June
Scottish Schools
Championships
Grangemouth Stadium

15th June
Scottish Under 20 & Under 23
Championships
Grangemouth Stadium

21st June
Scottish Masters
Championships
**Pitreavie Athletics Centre,
Dunfermline**

21st & 22nd June
England Athletics Under 20 &
Under 23 Championships
Bedford Stadium

11th – 13th July
Olympic Trials AND UK Senior
Championships
**Alexander Stadium,
Birmingham**

9th & 10th August
England Athletics Under 15 &
Under 17 Championships
**Alexander Stadium,
Birmingham**

23rd August
Scottish Under 13 & Under 17
Championships
Grangemouth Stadium

24th August
Scottish Under 15 & Under 17
Championships
Grangemouth Stadium

Any information for inclusion
in the next newsletter should
be submitted by **Wednesday**
14th May 2008.

Combined Events Championships

This years **SportTayside & Fife** Combined events Championships will take place at the George Duncan Athletics Arena, Perth, over the weekend of the 13th & 14th September. This year's event will also incorporate the Scottish Combined events Championships for Under 13, Under 15 and Under 17 athletes. Due to the incorporation of the Scottish Championships the event will now take place over two days, some championships will run over both days, with all climaxing on the Sunday.

Programme:

Under 11 Girls & Boys	Triathlon	Sunday
Under 13 Girls & Boys	Pentathlon	Sunday
Under 15 Girls & Boys	Pentathlon	Sunday
Under 17/20, Sen & Vet Women	Heptathlon	Saturday & Sunday
Under 17/20, Sen & Vet Women	Octathlon	Saturday & Sunday

Entry to the Scottish Championship events for Under 13/15/17s will be directly through **scottishathletics**, while Under 11s, Under 20s, Seniors and Veterans should enter through **SportTayside & Fife**. Entry forms will be sent out to local clubs and also posted on our website in the near future: SportTayside-Fife.co.uk



Grand Prix Final

In addition to the Combined events on Saturday 13th September the **scottishathletics** Open Graded Grand Prix Final will also be taking place. The Grand Prix will incorporate events for Under 17, Under 20 and Senior athletes. The preceding events will take place at:

1. Grangemouth (7th May)
2. Linwood (28th May)
3. Meadowbank (3rd July)
4. East Kilbride (23rd July)

For full information of prizes and events at each meeting please see the section on the **scottishathletics** website:

<http://www.scottishathletics.org.uk/index.php?p=189>

SportTayside & Fife, Lynch Sports Centre, South Road, Dundee, DD2 4SR
Tel: 01382 431 852 E-mail: SportTayside-Fife@dundee.gov.uk
Web: www.SportTayside-Fife.co.uk

COACHING ● COACHING ● COACHING ● COACHING



SportsCoach UK Chairman and British Lions Rugby Coach, Ian McGeechan, launches The UK Coaching Framework in Coventry

The primary focus of the UK Coaching Summit 2008 was to launch and agree the delivery of the framework, through the establishment of a quality-coaching

On the 22/23 April, over 550 delegates attended the 3rd UK Coaching Summit held at the RICOH Stadium, Coventry. National Governing Bodies, County Sports Partnerships, Sports Councils, UK Sport, Skills Active, Youth Sports Trust and Government Departments were all present. The event provided a tremendous opportunity to share ideas and discuss how to move the coaching agenda forward.

The Summit is a key element in the implementation of the UK Coaching Framework. The vision of the Framework is to create a cohesive, ethical, inclusive and valued coaching system, where skilled coaches support children, players and athletes at all stages of their development. The aspiration is to be the best coaching system in the world by 2016.

Keynotes, Update Sessions and Workshops covered the Strategic Action areas of the Framework in more detail, enhancing the understanding of the new Framework along with sharing ideas, listening to the latest developments and contribute to shaping the future direction of coaching across the United Kingdom.

The SCUk Coaching Summits are a major contributor to the evolution of coaching. A series of Coaching Summits is to be delivered up to 2016, with Glasgow hosting next year's event. The UK government would like to introduce a new vision for Informal Adult Learning and have pledged £210m up to 2011. This creates opportunities for coaching to support the development and learning needs of coaches and coaching projects.

COACHING MATTERS

Coaching Tayside & Fife COACHING GROUP

Local Authority and partner organisations attended a series of coaching forums during April at the Lynch Sports Centre, Dundee. Discussion and action topics included: Coaching Scotland and the national implications, Workforce Development Plans being structured by Scottish Governing Bodies, The ST&F Scholarship Programme, Individual Learning Accounts, Continuous Personal Development (CPD) for coaches and the need for a quality Partnership Education Calendars. The next meeting is scheduled for Tuesday June 17th.

ST&F SCHOLARSHIP PROGRAMME

Through the Scholarship Programme, over £5000 was allocated to support coaches across 6 sports including: Basketball, Girls' and Women's Football, Gymnastics, Hockey, Rugby and Swimming.

The breakdown of funding for 2007-08 and for each area is as follows:

Angus - £1139.00

Dundee - £1742.00

Fife - £1923.00

Perth & Kinross - £588.00

If you would like more information relating to the Scholarship Programme and how it can support you go to our website for further details.

COACHING MATTERS

LOOKING AFTER YOUR FEET!

On Thursday March 13th, **SportTayside & Fife** delivered a Podiatry Workshop for coaches and athletes. The workshop was held at the High School of Dundee, Mayfield Sports Complex. Eighteen coaches, parents and squad athletes attended. The aim of the session was to introduce athletes and coaches to the importance of healthy feet, good posture and footwear.

PLANNING A SEASON IN SPORT

On Wednesday March 29th, **SportTayside & Fife** also delivered a Planning a Season in Sport workshop. Olympic Coach, West Institute of Sport and former TFIS Performance Coach, Gary Vandermeulen, was the guest presenter. Seventeen coaches attended the evening, which created an understanding of the process and importance of yearly sports planning. At the end of the session coaches were able to design and learn how to implement a season in their given sport

COACHING AWARDS

On Monday, March 10th and Thursday, April 17th, Perth & Kinross Sports Council and East Fife Sports Council, held their Annual Sports Awards. Coach of the Year was awarded to John Ross (Cricket) in Perth and Alan Gardiner (Golf) in East Fife.

5 MINUTES WITH ANDY ROBINSON!

We managed to catch-up with 1998 European Cup, 2003 World Cup Winner and Edinburgh Rugby Coach, Andy Robinson. To read the interview as a download, go to our website at SportTayside-Fife.co.uk.

SQA VOLUNTEER DEVELOPMENT



Volunteer Development Scotland have announce the launch of a new range of SQA work based Awards that will provide individuals with new, recognised accredited qualifications and opportunities to learn and develop skills in volunteer management.

Participation on the programmes will also enable organisations to review and develop their practice in the management of volunteers. All VDS volunteer management programmes are aligned with the National Occupational Standards in Managing Volunteers and the Scottish Qualifications and Credit Framework. The three awards for launch in 2008 are: **Management of Volunteers (SCQF Level 7)**, **Management of Volunteering (SCQF Level 8)**, **Co-ordinating Volunteers (SCQF Level 6)**. Volunteer Development Scotland will also offer this award as an Adult Prior Learning programme for people who have attended and completed a minimum of two advanced learning opportunities.

The Adult Prior Learning award will commence in June 2008.

COACH EDUCATION NETWORK

Below are a selection of courses and workshops available across the Coaching Network in Tayside and Fife.

ANGUS EDUCATION

Course: Safeguarding and Protecting Children

Date: Tuesday May 20th

E-mail: mclean@angus.gov.uk

DUNDEE EDUCATION

Course: Safeguarding and Protecting Children

Date: Wednesday June 4th

E-mail: alex.knight@dundeecity.gov.uk

PERTH & KINROSS EDUCATION

Course: Children 1st – In Safe hands

Date: Wednesday May 28

E-mail: jmcsine@pkc.gov.uk

Course: Coaching Methods & Communication

Date: Wednesday June 4th

E-mail: jmcsine@pkc.gov.uk

Course: Fuelling Performers

Date: Wednesday June 18th

E-mail: jmcsine@pkc.gov.uk

Course: Fitness Training

Date: Thursday June 26th

E-mail: jmcsine@pkc.gov.uk

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Web: www.SportTayside-Fife.co.uk