

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I would like to take this opportunity to introduce myself as the new Partnership Manager for **SportTayside & Fife**. For the last four years I have worked as a sports management consultant in Ireland and Scotland with governing bodies, sporting organisations and the Irish Sports Council. Before that I was Director of Sports Development with **sportscotland** for eight years, and was also a Principal Teacher of PE in Edinburgh. I believe my mix of experience will be a tremendous help to me as I progress the ambitions and aspirations of the Partnership with my team of colleagues and our key partner organisations.

I am delighted to be working in the Partnership and am relishing the opportunity to make my contribution to the development of sport in Tayside & Fife. I hope you enjoy reading this newsletter which provides an update and a look forward into 2007.

Partnership Programmes and People

Work has progressed considerably with the three year strategic framework for each of the eight sports and coaching. These have been produced in partnership with the governing bodies and **sportscotland**, and the draft plans are currently being reviewed and discussed with Angus, Dundee, Fife and Perth & Kinross Councils. The plans will then be distributed in January for consultation with Development Groups clubs and coaches across Tayside & Fife.

It is these plans that will determine the work of the Partnership over the next three years, and your contributions between now and the end of January are crucial to ensure we get it right. We will complete our Action Plans for each programme area during February so that everything is in place for the first year of the new strategies.

Since our last Newsletter in August, the Partnership's Management Team has worked hard to complete the new staffing structure.

In September, Neil Carrie was appointed as the new SRU Regional Manager for the Partnership. Neil has worked in the financial sector, the private leisure sector and is still turning out for the 'odd' game for Kirkcaldy Rugby Club!

At the end of December we say farewell and thanks to Rennie Milne our Hockey Development Officer who has done an excellent job for the Partnership – we wish him well. We welcome Lorna Dobbie as our new Development Manager who is a hockey internationalist and joins us from the City of Edinburgh where she worked as a Hockey Development Officer.

Looking forward, our new Programme Manger, Euan Lowe joins us in February. Euan has played a leading role in developing Scotland's National Canoe Slalom squads and brings with him a wealth of experience from front line international coaching and high performance planning.

In closing, I would like to pay a particular tribute to Catriona Semple and James Steele who have led and guided the Partnership through all its work since Craig Burn departed for his new post in **sportscotland**. They have done a great job and I find myself in an organisation which has highly motivated and committed staff, who are focused on the challenges and work which lie ahead.

Finally, our new website www.SportTayside-Fife.co.uk will be launched on Friday 8th December – hit it!

Brian Samson

Partnership Manager

Basketball

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DEVELOPING BASKETBALL IN TAYSIDE & FIFE

[basketballscotland Tayside & Fife Player Improvement Programme \(Boys & Girls\)](#)

basketballscotland and **SportTayside & Fife** are currently planning a Regional Player Improvement Programme, which will target U14 players from the area (born on or after 1st January 1993). Unlike previous development squads, this new programme will incorporate the new Long Term Player Development principles and will be more fundamentals based rather than competition based.

The programme will receive major funding from **sportscotland**, and will run from January through to June 2007. Venues are currently being secured for trials and the programme. Full details will be published via Tayside & Fife Secondary Schools, and **basketballscotland** affiliated clubs.

[Tayside Primary School Basketball Development Squads \(Boys & Girls\)](#)

We are delighted to announce that these squads will run again this season, culminating in the East Lothian Peregrines Tournament at Meadowmill, Tranent in May 2007. Trials and a training programme will run from March through to May next year.

A talent identification system will be put in place to monitor potential squad members at Primary Schools festivals and events in Dundee, Angus and Perth & Kinross. Boys and girls living in Tayside and who are in Primary 5, 6 or 7 at a Tayside Primary School are eligible for these squads.

Coaches have not yet been appointed but it is hoped that the coaching staff who have worked with the squads over the last 3 seasons will continue the excellent work and results.

[Fife Primary School Basketball Development Squads \(Boys & Girls\)](#)

We are also delighted to announce that a first Fife Primary School Development Squad will be established for this season. The squad will operate in the same manner as the Tayside PS Squads and Boys and Girls living in Fife and who are in Primary 5, 6 or 7 at a Fife Primary School are eligible for these squads.

No coaches have been appointed yet. If you are a **basketballscotland** Level 1 qualified coach, disclosure checked and willing to work with the best Primary School basketball players in Fife over an 8 week period please contact me for further details.

[Basketball Needs You! - More Coaches Required](#)

More and more children and adults across Tayside & Fife are now playing basketball, which means that there is a demand for more participation and coaching sessions. The following Tayside & Fife clubs all have a need for coaches. If you are a Level 1 qualified coach please contact me for further details of the coaching opportunities available at these clubs:

- **Loch Leven Leapers Under 12s Club** (on Tuesdays between 6:00pm and 8:00pm)
- **University of St Andrews Men's Team** (on Fri evenings with games on Wed afternoons)
- **University of Dundee Men's Team** (on Tues and Fri between 7:30pm and 9:00pm)

If you are not a qualified coach, **SportTayside & Fife** run **basketballscotland** accredited courses which will give you basic skills and knowledge to let you get started. Mentoring

opportunities and support from experienced coaches is also available after the course. If you wish to register your interest, please contact me.

basketballtayside Update

The **basketballtayside** AGM was held on Monday 18th September 2006 at The Inch Studio, Bells Sports Centre in Perth. The turn out on the night was fair, with most clubs being represented in person or with apologies. Minutes have been issued to all affiliated clubs.

Work is now progressing to re-constitute as **basketballtayside&fife**, which will allow the region to fully subscribe to **basketballscotland's** new regional basketball partnership initiative.

Season 2006/07 - Senior Men's and Women's Leagues and Cups

The Senior Men's League is up and running with many exciting fixtures already having been played. This season we welcome two new men's teams, Montrose Ravens and Warriors, who are a second team from University of Abertay Dundee. Perth Phoenix, who have operated a second team with Juniors over the last couple of seasons, have consolidated in to one team again due to many of the younger players now working or attending Universities. RAF Leuchars have yet to play any games due to personnel changes at the Air Base.



Men's teams are asked to notify the **basketballtayside** committee with any changes in fixture dates so that referees can be advised and re-appointed. All scoresheets should be returned to the Match Secretary within 72 hours of the game being completed.

Men's teams are also reminded that all **basketballtayside** matches are played under the jurisdiction of the **basketballscotland** code of conduct. All referees in Tayside & Fife will be asked to implement this strictly during games.

The Women's League will start in earnest after Christmas, allowing the University teams to fulfil their BUSA commitments. Four teams have already entered (Arbroath Lady Musketeers, Dundee Sharks, Perth Phoenix and University of Dundee) the League and Cup, with Dunfermline Ladies also entering the Cup. University of St Andrews have also expressed interest in the League. Entries to the Women's League and Cup will still be accepted by the Committee up to and including Friday 8th December 2006. Once all entries are confirmed, a fixture schedule will be published so the clubs can organise dates and venues etc.

Full details are available at www.basketballtayside.org.uk

Tayside & Fife Under 16 Central Venue Development Leagues

Proposals for Tayside & Fife U16 and U14 Central Venue Development Leagues (CVDL's) for boys and girls have been circulated to all Tayside & Fife Clubs and key contacts.

The first event will run on Sunday 10th December at the High School of Dundee's Mayfield Sports Centre, Arbroath Road, Dundee between 10:30am and 4:00pm and will be for U16 teams.

Early indications from Tayside & Fife teams suggest that there will be a really good turnout for this event, with notes of entry already from Arbroath Musketeers, Dundee Sharks, Perth Phoenix, Dunfermline Reign, Menzieshill Madsons, Dunfermline BC and Glenrothes Raptors for the boys' event, and Arbroath Musketeers, Menzieshill Madsons for the girls' event.

U14 events and additional U16 events are planned for January through to May 2007.

For further details or to register your club's entry for U16 or U14 Boys and Girls basketball CVDL's please contact me.

The next quarterly **SportTayside & Fife** Basketball newsletter will be published at the end of February 2007.



Coaching

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Club/Coach Development Manager
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DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

The Scholarship Programme aims to secure financial support to enable coaches to undertake the necessary training to support Education and Training Opportunities. In conjunction with our partners, the following coaches from Tayside and Fife received scholarship assistance.

Gymnastics

Long-term scholarship programmes have been agreed with two Gymnastics coaches to fund mentoring and club coach opportunities. Willie Moyes, Leven, Fife has successfully completed the General/Men's Artistic Club Coach Course during October at Falkirk School of Gymnastics. Beate Petersen, Newtyle, Perth & Kinross, will attend an agreed programme of mentoring, video analysis and IT training.

Rugby

Simon Laidlaw has been awarded a scholarship to attend a fitness instructor's course during December in Edinburgh. In future, Simon will assist Perthshire Rugby Club with their Strength and Conditioning Programme.

Swimming

A long-term programme has been agreed with Swimming tutor, Marion Durham, from Monikie, Angus and an award was made to complete a Level 2 Tutor Attachment. Further assistance will be provided to complete an adult/child disability technical attachment.

Would you like to be part of the Scholarship Programme?

For more information or to get involved, please contact any of the Development Managers.

CoachingTayside & Fife Education Programme 2006/2007

Psychology Workshop

On Wednesday, November 15th, a Psychology workshop was delivered at Bell's Sports Centre, Perth. The tutor for the evening was, Katie Sinott, principal psychologist and a member of the support team at the Tayside and Fife Institute of Sport.

Twenty-six coaches, from a wide variety of sports, attended the informative evening. The sports represented included: Gymnastics, Hockey, Football, Basketball and Rugby. Sports Medicine students from University of Dundee also attended along with athletes and sports therapists.

A further psychology workshop will be organised during Spring of 2007 specifically targeting parents and children. A practical nutrition workshop will also be delivered next year. Please contact me if you are interested in attending.

SportTayside & Fife Website

SportTayside & Fife have just launched a new website. The website will be an additional communication tool, contributing to developing sport in Tayside and Fife and actively promoting clubs, coaching, events, newsletters and a full programme of courses and workshops. The website address is: **www.SportTayside-Fife.co.uk**

Forthcoming courses and workshops

Gymnastics (Perth & Kinross)

Course: Club Coach (General)
Dates: 3rd & 10th December
Venue: Dunfermline High School, Fife
Contact: Bill Hogg, Fife Sports Development Team, **Tel:** 01383 314641 **E-mail:** bill.hogg@fife.gov.uk
Details: Contact course organiser above.

Community Sports Leadership Awards (Fife)

Course: Sports Leader Award
Date: 4th- 8th December
Venue: Lochgelly High School, Fife
Contact: Anna Tizzard, Sports Coaching Development Officer, **Tel:** 01592 415847
E-mail: anna.tizzard@fife.gov.uk
Details: The course is aimed at anyone who wants to become or improve their coaching skills as a coach or Sports Leader.

SportsCoach UK (Fife)

Course: How To Coach Disabled People In Sport
Date: 6th December, 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Aileen Penny, Senior Teacher, Fife Institute of Physical & Recreational Education, Viewfield Road, Glenrothes KY6 2RB, **Tel:** 01592 415 700 **E-mail:** aileen.penny@fife.gov.uk
Details: Contact course organiser above

SportsCoach UK (Fife)

Course: Good Practice and Child Protection
Date: 13th December, 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Ross McMillan, Development Officer and CU@Sport Co-ordinator, Perth & Kinross Sports Development Team, Balhousie Primary School, Dunkeld Road Perth PH1 5DH, **Tel:** 01738 637 129 **E-mail:** rdmcmillan@pkc.gov.uk
Details: Contact course organiser above

Coming Soon...

A series of workshops and events will be available from February 2007 including: Practical Nutrition and Preparation, Self-Massage, Flexibility and Hydration.

A Coaching Innovation event in March 2007 is also being planned.

The new **SportTayside & Fife** Education and Training programme will be available on the new website from January 2007 and a printed booklet will be distributed from March 2007.

If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 19th February 2007**.