

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I would like to take this opportunity to introduce myself as the new Partnership Manager for **SportTayside & Fife**. For the last four years I have worked as a sports management consultant in Ireland and Scotland with governing bodies, sporting organisations and the Irish Sports Council. Before that I was Director of Sports Development with **sportscotland** for eight years, and was also a Principal Teacher of PE in Edinburgh. I believe my mix of experience will be a tremendous help to me as I progress the ambitions and aspirations of the Partnership with my team of colleagues and our key partner organisations.

I am delighted to be working in the Partnership and am relishing the opportunity to make my contribution to the development of sport in Tayside & Fife. I hope you enjoy reading this newsletter which provides an update and a look forward into 2007.

Partnership Programmes and People

Work has progressed considerably with the three year strategic framework for each of the eight sports and coaching. These have been produced in partnership with the governing bodies and **sportscotland**, and the draft plans are currently being reviewed and discussed with Angus, Dundee, Fife and Perth & Kinross Councils. The plans will then be distributed in January for consultation with Development Groups clubs and coaches across Tayside & Fife.

It is these plans that will determine the work of the Partnership over the next three years, and your contributions between now and the end of January are crucial to ensure we get it right. We will complete our Action Plans for each programme area during February so that everything is in place for the first year of the new strategies.

Since our last Newsletter in August, the Partnership's Management Team has worked hard to complete the new staffing structure.

In September, Neil Carrie was appointed as the new SRU Regional Manager for the Partnership. Neil has worked in the financial sector, the private leisure sector and is still turning out for the 'odd' game for Kirkcaldy Rugby Club!

At the end of December we say farewell and thanks to Rennie Milne our Hockey Development Officer who has done an excellent job for the Partnership – we wish him well. We welcome Lorna Dobbie as our new Development Manager who is a hockey internationalist and joins us from the City of Edinburgh where she worked as a Hockey Development Officer.

Looking forward, our new Programme Manger, Euan Lowe joins us in February. Euan has played a leading role in developing Scotland's National Canoe Slalom squads and brings with him a wealth of experience from front line international coaching and high performance planning.

In closing, I would like to pay a particular tribute to Catriona Semple and James Steele who have led and guided the Partnership through all its work since Craig Burn departed for his new post in **sportscotland**. They have done a great job and I find myself in an organisation which has highly motivated and committed staff, who are focused on the challenges and work which lie ahead.

Finally, our new website www.SportTayside-Fife.co.uk will be launched on Friday 8th December – hit it!

Brian Samson

Partnership Manager

Girls/Women's

Football

Gemma Fay
Girls/Women's Football Development Officer
E-mail: gemma.fay@dundee.gov.uk

DEVELOPING GIRLS/WOMEN'S FOOTBALL IN TAYSIDE

Forfar Farmington first club to venture into the SFA Elite Club project

In addition to their continual work towards achieving Quality Mark status, Forfar Farmington have been accepted onto the SFA Elite Club project, aimed at Scottish Women's Football Premier League teams.

The project will see the club interacting with Anna Signeul, National Team Coach, Ann-Helen Graham, National Development Officer, Sheila Begbie, Head of the Women's Department and Gemma Fay, **SportTayside & Fife** GWFDO in an effort to further develop their club into an Elite structure, capable of supporting and developing potential Elite athletes in the future.

The project will focus on developing areas of facilities, player development, management team and generic support services development.

If you would like more information on the SFA Elite Club Project or would like to become involved in the project please contact myself directly.

Angus and Dundee Area Squads Prepare for Winter Shutdown

After the inaugural first block of both the Angus and Dundee U13 Area Squads they are preparing to wind down for the winter. Both have run very well this season so far, with a high standard displayed by all. Players have received a progressive coaching curriculum as well as additional topics of goal setting and nutrition.

Additional players are being sought to join both Angus and Dundee U13 Area Squads. If you would like to nominate a player for either squad, they must be born on or after January 1st 1994 and have the potential to develop further. Please contact me Fay for a nomination form.

Development Squad Comes to an end for 2006

After an eventful 12 week block the Tayside Development squad comes to an end for 2006. Once again there has been a definite improvement of those involved and coaches and players alike are thanked for their continued commitment and support of the programme. Highlights of the programme have been successful Inter District Festivals in Galashiels and Edinburgh and good performances from both U13 and U17 teams against local boys teams.

East Region Squad Completes Successful first Block

This week sees the end of the first block of the Inaugural East Region U15 and U19 squads. The squad has run very smoothly with a strong programme delivered that will be built on and progressed next year. Players have been exposed to top class coaching along with additional support programmes including an introduction to a basic strength and conditioning programme, endurance training, on-site physiotherapy, player, parent and coach evenings.

The next block will commence in February with the East region looking to provide an even more comprehensive programme that will further develop our most talented players.

Dundee Sports Awards 2006-11-24

Both Mary MacDonald and Lochee United Ladies were honoured at the recent SportDundee Awards. Mary and her team were runners up in their respective sections of Lifetime Commitment and Team of the Year. It was a great honour for both to be nominated for the prestigious awards, showing the great dedication that Mary has given the sport and then fantastic progress that Lochee United have made over the last year. Even though they weren't successful in gaining the awards, it shows the great progress of Women's Football in the City of Dundee. Well done to both Mary and all the players, officials and coaches at Lochee for their worthy nomination and recognition.

Coach Education Opportunities for Quality Mark Clubs

There are to be a series of Level 1 and Level 2 SFA Coach Education courses delivered in the New Year exclusively for those clubs currently involved in the SFA Quality Mark Club Development Scheme. All courses will take place at Dawson Park Astro Turf, Dundee from 5.20pm to 8.20 pm. Other details of the courses are as follows:

SFA Early Touches, Children Level 1	25 & 26 January
SFA Coaching Young Footballers, Children Level	1, 2, 8 & 9 February
SFA Developmental Activities, Youth Level 1	15 & 16 February
SFA Coaching Youth Footballers, Youth Level 2	22 - 23 February & 1 - 2 March

For further information, please contact Mark Munro SFA Regional Manager (East):
Tel 07918192671 or e-mail Mark.Munro@scottishfa.co.uk

In addition the SFA will be launching a new Coach & Volunteer Development Programme in February 2007. This will detail not only formalised coach education but also workshops, seminars and coach development days that will be available across the East Region throughout the year.

For more information on the above please contact myself or Mark Munro directly.

If you wish to submit any information for the next newsletter please do so by **Monday 19th February 2007**.

Coaching

Derek Welch
Club/Coach Development Manager
E-mail: derek.welch@dundeecity.gov.uk

DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

The Scholarship Programme aims to secure financial support to enable coaches to undertake the necessary training to support Education and Training Opportunities. In conjunction with our partners, the following coaches from Tayside and Fife received scholarship assistance.

Gymnastics

Long-term scholarship programmes have been agreed with two Gymnastics coaches to fund mentoring and club coach opportunities. Willie Moyes, Leven, Fife has successfully completed the General/Men's Artistic Club Coach Course during October at Falkirk School of Gymnastics. Beate Petersen, Newtyle, Perth & Kinross, will attend an agreed programme of mentoring, video analysis and IT training.

Rugby

Simon Laidlaw has been awarded a scholarship to attend a fitness instructor's course during December in Edinburgh. In future, Simon will assist Perthshire Rugby Club with their Strength and Conditioning Programme.

Swimming

A long-term programme has been agreed with Swimming tutor, Marion Durham, from Monikie, Angus and an award was made to complete a Level 2 Tutor Attachment. Further assistance will be provided to complete an adult/child disability technical attachment.

Would you like to be part of the Scholarship Programme?

For more information or to get involved, please contact any of the Development Managers.

CoachingTayside & Fife Education Programme 2006/2007

Psychology Workshop

On Wednesday, November 15th, a Psychology workshop was delivered at Bell's Sports Centre, Perth. The tutor for the evening was, Katie Sinott, principal psychologist and a member of the support team at the Tayside and Fife Institute of Sport.

Twenty-six coaches, from a wide variety of sports, attended the informative evening. The sports represented included: Gymnastics, Hockey, Football, Basketball and Rugby. Sports Medicine students from University of Dundee also attended along with athletes and sports therapists.

A further psychology workshop will be organised during Spring of 2007 specifically targeting parents and children. A practical nutrition workshop will also be delivered next year. Please contact me if you are interested in attending.

SportTayside & Fife Website

SportTayside & Fife have just launched a new website. The website will be an additional communication tool, contributing to developing sport in Tayside and Fife and actively promoting clubs, coaching, events, newsletters and a full programme of courses and workshops. The website address is: **www.SportTayside-Fife.co.uk**

Forthcoming courses and workshops

Gymnastics (Perth & Kinross)

Course: Club Coach (General)
Dates: 3rd & 10th December
Venue: Dunfermline High School, Fife
Contact: Bill Hogg, Fife Sports Development Team, **Tel:** 01383 314641 **E-mail:** bill.hogg@fife.gov.uk
Details: Contact course organiser above.

Community Sports Leadership Awards (Fife)

Course: Sports Leader Award
Date: 4th- 8th December
Venue: Lochgelly High School, Fife
Contact: Anna Tizzard, Sports Coaching Development Officer, **Tel:** 01592 415847
E-mail: anna.tizzard@fife.gov.uk
Details: The course is aimed at anyone who wants to become or improve their coaching skills as a coach or Sports Leader.

SportsCoach UK (Fife)

Course: How To Coach Disabled People In Sport
Date: 6th December, 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Aileen Penny, Senior Teacher, Fife Institute of Physical & Recreational Education, Viewfield Road, Glenrothes KY6 2RB, **Tel:** 01592 415 700 **E-mail:** aileen.penny@fife.gov.uk
Details: Contact course organiser above

SportsCoach UK (Fife)

Course: Good Practice and Child Protection
Date: 13th December, 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Ross McMillan, Development Officer and CU@Sport Co-ordinator, Perth & Kinross Sports Development Team, Balhousie Primary School, Dunkeld Road Perth PH1 5DH, **Tel:** 01738 637 129 **E-mail:** rdmcmillan@pkc.gov.uk
Details: Contact course organiser above

Coming Soon...

A series of workshops and events will be available from February 2007 including: Practical Nutrition and Preparation, Self-Massage, Flexibility and Hydration.

A Coaching Innovation event in March 2007 is also being planned.

The new **SportTayside & Fife** Education and Training programme will be available on the new website from January 2007 and a printed booklet will be distributed from March 2007.

If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 19th February 2007**.