

SportTayside & Fife

DEVELOPING SPORTING PATHWAYS IN TAYSIDE & FIFE

I would like to take this opportunity to introduce myself as the new Partnership Manager for **SportTayside & Fife**. For the last four years I have worked as a sports management consultant in Ireland and Scotland with governing bodies, sporting organisations and the Irish Sports Council. Before that I was Director of Sports Development with **sportscotland** for eight years, and was also a Principal Teacher of PE in Edinburgh. I believe my mix of experience will be a tremendous help to me as I progress the ambitions and aspirations of the Partnership with my team of colleagues and our key partner organisations.

I am delighted to be working in the Partnership and am relishing the opportunity to make my contribution to the development of sport in Tayside & Fife. I hope you enjoy reading this newsletter which provides an update and a look forward into 2007.

Partnership Programmes and People

Work has progressed considerably with the three year strategic framework for each of the eight sports and coaching. These have been produced in partnership with the governing bodies and **sportscotland**, and the draft plans are currently being reviewed and discussed with Angus, Dundee, Fife and Perth & Kinross Councils. The plans will then be distributed in January for consultation with Development Groups clubs and coaches across Tayside & Fife.

It is these plans that will determine the work of the Partnership over the next three years, and your contributions between now and the end of January are crucial to ensure we get it right. We will complete our Action Plans for each programme area during February so that everything is in place for the first year of the new strategies.

Since our last Newsletter in August, the Partnership's Management Team has worked hard to complete the new staffing structure.

In September, Neil Carrie was appointed as the new SRU Regional Manager for the Partnership. Neil has worked in the financial sector, the private leisure sector and is still turning out for the 'odd' game for Kirkcaldy Rugby Club!

At the end of December we say farewell and thanks to Rennie Milne our Hockey Development Officer who has done an excellent job for the Partnership – we wish him well. We welcome Lorna Dobbie as our new Development Manager who is a hockey internationalist and joins us from the City of Edinburgh where she worked as a Hockey Development Officer.

Looking forward, our new Programme Manger, Euan Lowe joins us in February. Euan has played a leading role in developing Scotland's National Canoe Slalom squads and brings with him a wealth of experience from front line international coaching and high performance planning.

In closing, I would like to pay a particular tribute to Catriona Semple and James Steele who have led and guided the Partnership through all its work since Craig Burn departed for his new post in **sportscotland**. They have done a great job and I find myself in an organisation which has highly motivated and committed staff, who are focused on the challenges and work which lie ahead.

Finally, our new website www.SportTayside-Fife.co.uk will be launched on Friday 8th December – hit it!

Brian Samson

Partnership Manager



Gymnastics

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Gymnastics Development Manager
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DEVELOPING GYMNASTICS IN TAYSIDE & FIFE

New Gymnastics Club in Dundee

SportTayside & Fife along with Dundee's Sports Development Section have been working closely to support Newfields Primary school to implement a Gymnastics club structure within the school. Through a strong focused working partnership, Newfields Primary School now has a strong parent committee and appropriate structures in place to operate as a club. This will be the first constituted gymnastics school club to operate in Dundee.

Newfields Primary School was also successful in obtaining the Young Team of the Year award at the Dundee Sports Award Ceremony. This award marked the hard work and dedication of the children and coaching staff.



The new club will focus on the basic fundamentals of the sport and act as a feeder to WAC Gymnastics Club and Dundee Development Squad Programme. The programme will provide opportunities and pathways for children living within the local community who wish to engage within the pathway of the sport.

The programme will also act as a forum to engage volunteers and senior pupils who wish to access education, training or require mentoring to attain a National Governing Body coaching award, thus ensuring sustainability and progressive development of the sport within a local community setting.

Another area of focus has been gymnastics provision operating within the North West of the city. Classes have been operating under the auspices of the Communities Department for several years. However, coaching staff wished to develop and constitute provision to club status. Support given by Dundee Sports Development Section and **SportTayside & Fife** will enabled the smooth transition to independent club status.

New Gymnastics Programme in Kinross

Working closely with Active School Co-ordinators and Perth Sports Development Team has resulted in the implementation of a Gymnastics Programme in Kinross Primary School. The programme caters for children P 1 – P4 and is supported by qualified coaching staff and parent volunteers. The PTA committee have also been instrumental in supporting this programme, allocating and identifying funds for a desired, appropriate equipment base. It is hoped that the programme will extend in the future and that local volunteers will become qualified to deliver gymnastics sessions, resulting in increased opportunities for children living within the Kinross area.

Coach Education

Fundamentals workshop : SportTayside and Fife will be holding parent/volunteer Fundamentals Workshop which will be delivered by a fully qualified Cycle 5 tutor on Thursday 30 November at Aberfeldy Town Hall.

The objective of this workshop is to introduce Gymnastics in a basic format, so that parents/volunteers gain an understanding of the subject matter. It is envisaged that the delivery of this workshop will encourage candidates to attend the forthcoming Level 1 UKCC course to be run by Scottish Gymnastics early in the New Year. Dates for the course will be notified at the workshop and advertised in our Education & Training brochure.

Pre – School Club Coach Course : Angus Sports Development Section has been proactive in developing their pre-school programme and attendance at the assistant coach course held at the weekend was very encouraging. Due to this, **SportTayside and Fife** are to engage with the National Governing Body to ensure that a Club Coach course is on offer in 2007, ensuring the development of coaching staff, which inevitably will result in a quality delivery to participants and growth of the pre-school programme in Angus. **Anticipated date for club coach pre-school – August 07**

Positive Partnerships - Action Planning

SportTayside & Fife has been actively involved in the action planning process with Local Authority Sport Development Teams and Active Schools Co-ordinators within Tayside & Fife. The partnership between Active Schools and Sports Development Teams is imperative to ensure a focused consolidated approach to the development of the sport from grass roots through to performance.

Currently, Dundee and Fife are working with structured action plans and it is hoped that Angus and Perth action plans will be operational before December 2006.

If you require further information on any of the above topics, please do not hesitate to contact me.

If you wish to submit any information for the next newsletter please do so by **Monday 19th February 2007**

Coaching

Derek Welch
Club/Coach Development Manager
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DEVELOPING COACHING IN TAYSIDE & FIFE

CoachingTayside & Fife Scholarship Programme

The Scholarship Programme aims to secure financial support to enable coaches to undertake the necessary training to support Education and Training Opportunities. In conjunction with our partners, the following coaches from Tayside and Fife received scholarship assistance.

Gymnastics

Long-term scholarship programmes have been agreed with two Gymnastics coaches to fund mentoring and club coach opportunities. Willie Moyes, Leven, Fife has successfully completed the General/Men's Artistic Club Coach Course during October at Falkirk School of Gymnastics. Beate Petersen, Newtyle, Perth & Kinross, will attend an agreed programme of mentoring, video analysis and IT training.

Rugby

Simon Laidlaw has been awarded a scholarship to attend a fitness instructor's course during December in Edinburgh. In future, Simon will assist Perthshire Rugby Club with their Strength and Conditioning Programme.

Swimming

A long-term programme has been agreed with Swimming tutor, Marion Durham, from Monikie, Angus and an award was made to complete a Level 2 Tutor Attachment. Further assistance will be provided to complete an adult/child disability technical attachment.

Would you like to be part of the Scholarship Programme?

For more information or to get involved, please contact any of the Development Managers.

CoachingTayside & Fife Education Programme 2006/2007

Psychology Workshop

On Wednesday, November 15th, a Psychology workshop was delivered at Bell's Sports Centre, Perth. The tutor for the evening was, Katie Sinott, principal psychologist and a member of the support team at the Tayside and Fife Institute of Sport.

Twenty-six coaches, from a wide variety of sports, attended the informative evening. The sports represented included: Gymnastics, Hockey, Football, Basketball and Rugby. Sports Medicine students from University of Dundee also attended along with athletes and sports therapists.

A further psychology workshop will be organised during Spring of 2007 specifically targeting parents and children. A practical nutrition workshop will also be delivered next year. Please contact me if you are interested in attending.

SportTayside & Fife Website

SportTayside & Fife have just launched a new website. The website will be an additional communication tool, contributing to developing sport in Tayside and Fife and actively promoting clubs, coaching, events, newsletters and a full programme of courses and workshops. The website address is: **www.SportTayside-Fife.co.uk**

Forthcoming courses and workshops

Gymnastics (Perth & Kinross)

Course: Club Coach (General)
Dates: 3rd & 10th December
Venue: Dunfermline High School, Fife
Contact: Bill Hogg, Fife Sports Development Team, **Tel:** 01383 314641 **E-mail:** bill.hogg@fife.gov.uk
Details: Contact course organiser above.

Community Sports Leadership Awards (Fife)

Course: Sports Leader Award
Date: 4th- 8th December
Venue: Lochgelly High School, Fife
Contact: Anna Tizzard, Sports Coaching Development Officer, **Tel:** 01592 415847
E-mail: anna.tizzard@fife.gov.uk
Details: The course is aimed at anyone who wants to become or improve their coaching skills as a coach or Sports Leader.

SportsCoach UK (Fife)

Course: How To Coach Disabled People In Sport
Date: 6th December, 6.30-9.30pm
Venue: Fife Institute of Sport, Glenrothes
Cost: £20.00
Contact: Aileen Penny, Senior Teacher, Fife Institute of Physical & Recreational Education, Viewfield Road, Glenrothes KY6 2RB, **Tel:** 01592 415 700 **E-mail:** aileen.penny@fife.gov.uk
Details: Contact course organiser above

SportsCoach UK (Fife)

Course: Good Practice and Child Protection
Date: 13th December, 6.30-9.30pm
Venue: Bell's Sports Centre, Perth
Cost: £20.00
Contact: Ross McMillan, Development Officer and CU@Sport Co-ordinator, Perth & Kinross Sports Development Team, Balhousie Primary School, Dunkeld Road Perth PH1 5DH, **Tel:** 01738 637 129 **E-mail:** rdmcmillan@pkc.gov.uk
Details: Contact course organiser above

Coming Soon...

A series of workshops and events will be available from February 2007 including: Practical Nutrition and Preparation, Self-Massage, Flexibility and Hydration.

A Coaching Innovation event in March 2007 is also being planned.

The new **SportTayside & Fife** Education and Training programme will be available on the new website from January 2007 and a printed booklet will be distributed from March 2007.

If you would like to submit any coaching information for the next newsletter, I would be grateful if the material reached me by **Monday 19th February 2007**.